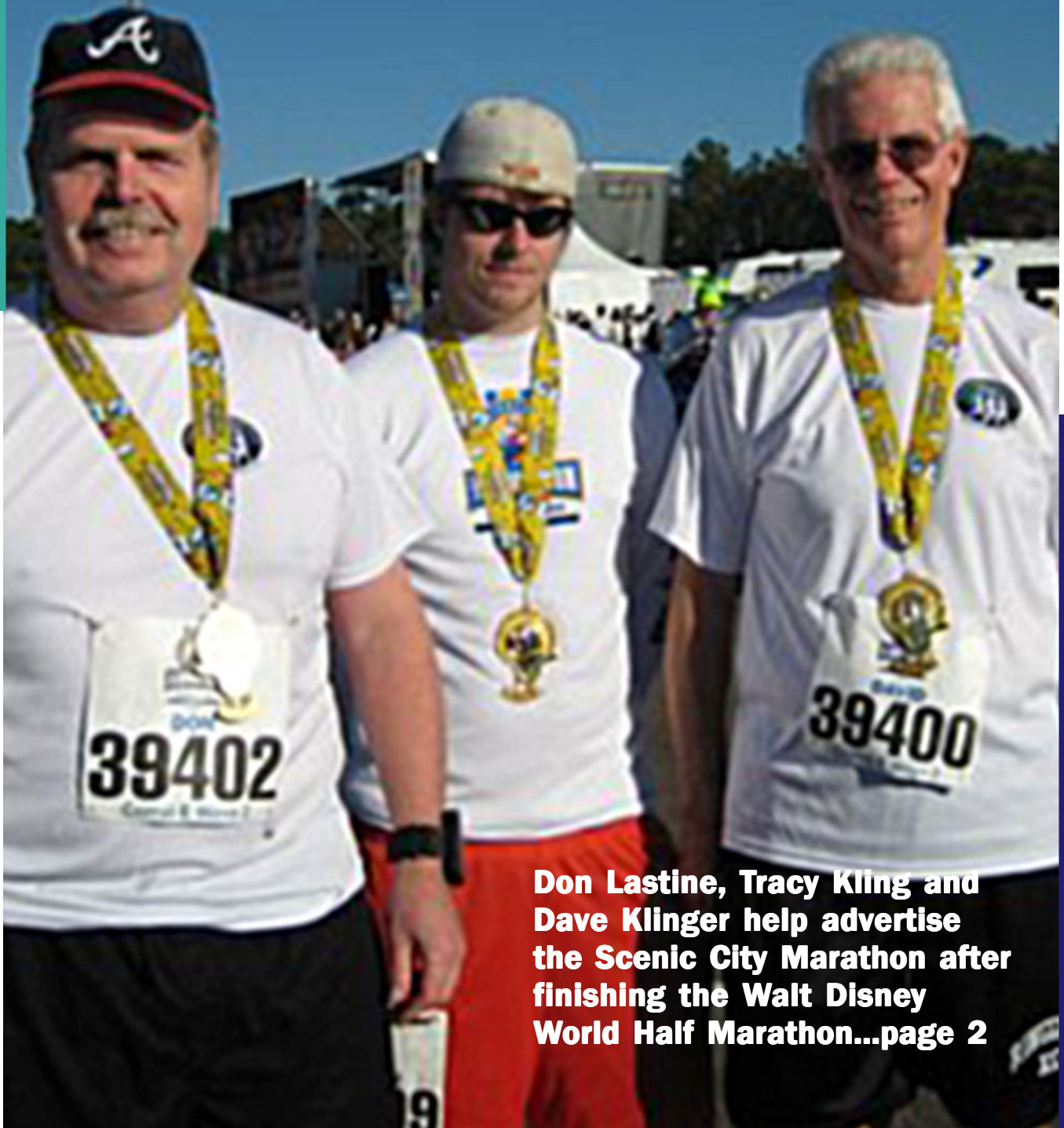




# jogging around



**Don Lastine, Tracy Kling and Dave Klinger help advertise the Scenic City Marathon after finishing the Walt Disney World Half Marathon...page 2**

# Chattanooga Track Club

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# joggingaround

## In This Issue...

Words from the Prez's Perch .....	1
About The Cover .....	2
Joe McGinness Runner of the Year .....	2
CTC Financial Statement .....	3
Chickamauga Battlefield Marathon .....	4-10
Scenic City Half Marathon .....	11, 16
Winter Training and Treadmills .....	12-13
Wauhatchie Trail Run Results .....	13
Karen Lawrence Run Results .....	14-15
BMW High Heel 6K Results .....	15
Turkey Trot 8K .....	17-20
65 Roses 5K .....	21
CTC Board of Directors Meeting Minutes .....	22-23
Bulletin Board .....	25
Race Calendar .....	Back Cover

## Jogging Around

*A newsletter published eight times per year by the Chattanooga Track Club.*

### Editors

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Keith Finch

### Printing

Shaw Printing Solutions

### Ad Info

For Current Ad Information, please contact Janice Cornett at [janicecornett@comcast.net](mailto:janicecornett@comcast.net).

## Chattanooga Track Club Mission Statement

*The Chattanooga Track Club is a nonprofit organization with the goal to stimulate interest in running and fitness for all ages and to promote wellness through these activities. The club encourages anyone with similar interests to become a member and support our goal. No special qualifications, other than an interest in running, walking and fitness, are required. Members can choose their own level of involvement: participant, volunteer, or sponsor. Everyone from serious competitor to the casual walker is welcome.*

## Jogging Around Ad Rates

Ad Size	Single run	3 Issue run	Year Run
Full Page	\$90/Issue	\$85/Issue	\$70/Issue
Half Page	\$55/Issue	\$49/Issue	\$44/Issue
Qtr Page	\$40/Issue	\$36/Issue	\$32/Issue
Business Card	\$25.00	\$22.50	\$20.00

*Inserts are \$60/issue*

# Words from the Prez's Perch

At our recent banquet, I officially passed the CTC Prez baton to Charlene Simmons, in whose capable hands your club now rests. So technically I'm retired, but since just about everything covered in this issued occurred in 2008, the powers that be have let me have one more letter before I run off into the sunset.



First, it has been a privilege to serve as your CTC president. I want to express my sincere appreciation to the 2008 board for their hard work and commitment. The last year presented a number of challenges, but the board rose to the occasion, leaving CTC in a strong position as we move into 2009.

The CTC closed out 2008 with a strong finish. We renewed our sponsorship agreement with BlueCross BlueShield of Tennessee for two more years. We are grateful for BlueCross' continued commitment to our club and to our running and walking communities.

In November, Doug Roswell and team raised the bar a couple of notches with the Chickamauga Battlefield Marathon and Half Marathon. With a large sponsorship from the Ft. Oglethorpe Tourism Bureau and the relocation of the starting and finishing area, approximately 1,300 runners signed up for this event including 700 for the half. As some of you know, registration for the half marathon closed the week before after maxing out the number of registrants (hard as it may be to believe, in early 2008 there actually was serious debate whether we should jettison the old out-and-back 10-mile race in favor of a half marathon). This event was also the debut of CTC's new chip timing system, which you can expect to see used

frequently in coming events. Thanks to Doug and all those who helped make this a great event for the CTC.

The Junior Marathon saw a nearly two-fold increase in the number of participants. Thanks to Robert Gustufson for taking the lead on this. We expect to see an even larger turnout for 2009.

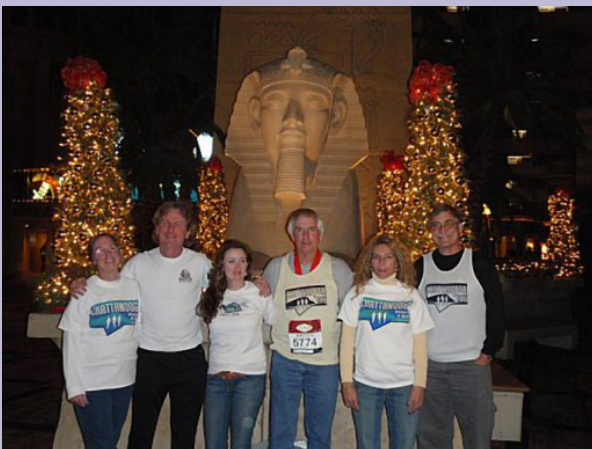
And, finally, on a sunny but cold December morning a hundred or so of us gathered at the Nature Centre to participate in the Wauhatchie Trail Run, which is the final CTC event of the year. Thanks to Andy Gill for stepping up and doing a great job directing this event.

For those who attended the annual banquet on January 10, guest speaker Tim Ensign stole the show with his talk on, among other things, the seven rules of running. If you were not able to attend the banquet, a video link will be placed on our website where you can watch a replay of Tim's presentation. You do not want to miss this! Thanks to Sherilyn Johnson and Bill Brock for putting this event together. I think this was the biggest turnout for the banquet we have had in recent memory.

So, that's about it for the past. We have much to look forward to in 2009. The race calendar for this year has been posted and we have a lot of great events lined up beginning with the Scenic City Half Marathon on February 29, 2009. It's time to start setting new goals, picking your races and, of course, racking up ROY points. Remember, you also have to volunteer to be eligible for a ROY award.

Happy and safe running.

James T. Williams  
CTC President



## Marathoners Show Off CTC in Las Vegas

This issue's second entry to the show off your club contest features a loyal group of Chattanooga runners. Check out their times below:

Missi Johnson	4:02:22	AG = 3:43:45
Truman Smith	4:14:29	<b>AG = 3:23:28 *****</b>
Walt Sinor	4:32:16	AG = 3:28:56
Lisa Jones	4:54:41	
Bonnie Wassin	5:16:07	
Alton Danielson	5:19:57	
Dennis Ford	5:47:00	
Beth Ford	6:21:47	

# About The Cover...

As part of the Chattanooga Track Club's new "Show off Your Club" photo contest, this month's cover shot is courtesy of Ron Lastine. Don Lastine, Tracy Klinger and Dave Klinger (father/son) after finishing the Walt Disney World Half Marathon this past month. All three were sporting CTC apparel.



Interested in entering the "Show Your Club Off" contest? The rules are simple: send us a picture of you, (or friends and family), sporting CTC apparel while traveling. Be creative! Socks, hats and water bottles are included in the list of items you can feature – not just singlets and T-Shirts!

Review your collection of race pictures. What were you wearing when you ran your last marathon, half-marathon or 5K? What did you take with you on your last vacation? We would love to see that picture of you touring the world with a CTC water bottle in hand!

Planning a trip or an out of town running occasion? Have business trip planned to an unusual locale? Take something from the CTC with you and have your photo taken! Please be sure to have some feature of the photo that proves you are away from home.

The winner each month will be featured in the upcoming Jogging Around. You may even make the cover!

So, start snapping those pictures and e-mail them our way. We'll be waiting.

## Please Note...

For best results, please send in high-quality digital images (300 dots per inch is ideal). Most images taken from websites will not work well for printing.

## Joe McGinness Runner of the Year

### Current Standings

**MEN**

#### Overall Men

Charles Webb (1010)  
Joseph Goetz (930)  
Hugh Enicks (620)  
Sal Coll (540)  
Bill Warner (450)  
Flash Cunningham (360)  
Joey Howe (330)  
James Williams (300)  
Tim Ensign (290)  
Ryan Shrum (280)

#### Junior Men (0-14)

James Larson (450)  
Cameron Beem (290)  
Nick Skonberg (160)  
Holden Zenker (100)  
Quinn McGinness (100)

#### Young Adult Men (15-19)

Marco Bianchini (1130)  
Kenny Steffes (500)  
Andrew Gennett (410)  
Tyler Keys (230)  
Thomas Barker (200)  
Mark Straussberger (90)  
Andrew Enicks (90)  
Kyter Steffes (80)

#### Adult Men (20-39)

Charles Webb (1150)  
Joseph Goetz (980)  
Adam Burnett (650)  
Bruce Smith (340)  
Zach Cowart (310)  
Dan Ellis (310)  
Rusty Mawk (270)  
Peter Murphy (230)  
Clay Warner (190)  
Sean Pfister (190)

#### Master Men (40-49)

Sal Coll (900)  
Hugh Enicks (680)  
Joey Howe (450)  
Ryan Shrum (440)  
Mitch Samuelian (400)  
James Williams (380)  
Ray Beem (370)  
Chuck Denham (360)  
Ray Kellum (350)  
Mark Wisdom (350)

#### Grand Master Men (50-59)

Tommy Nichols (890)  
Michael Leary (810)  
Bill Warner (600)  
Butch Cooke (500)  
Flash Cunningham (500)  
John Wikle (340)  
Tim Holmes (300)  
John Walker (300)  
John Crawley (290)  
Dennis Ford (290)

#### Senior Men (60+)

Sergio Bianchini (1230)  
Rich Phillips (900)  
Walter Sinor (790)  
Cyrus Rhode (700)  
Doug Hawley (580)  
Phil Thomas (500)  
Blaine Reese (240)  
Skip Patty (230)  
Jim Selman (210)  
Dan Bailey (200)

**WOMEN**

#### Overall Women

Lynda Webber (870)  
Sherilyn Johnson (590)  
Charlene Simmons (570)  
Melodie Thompson (500)  
Bernice Delaney (490)  
Catherine Ellis (420)  
Kirsten Johnson (410)  
Belinda Young (390)  
Theresa Samuelian (350)  
Sarah Bowen (300)

#### Junior Women (0-14)

Catherine Ellis (780)  
Caitlin Duggan (380)  
Kim Jade Wycherley (280)  
Jeneva Steffes (80)  
Caroline Duggan (70)  
Hope Collier (30)

#### Young Adult Women (15-19)

Claire Turner (100)  
Lydia Gennett (100)

#### Adult Women (20-39)

Rebecca Ammons (580)  
Kirsten Johnson (580)  
Charlene Simmons (580)  
Belinda Young (390)  
Melissa Hicks (360)  
Beth Ford (320)  
Kim Morris (290)  
Leslie Becht (230)  
Debby Vannoy (200)

#### Master Women (40-49)

Lynda Webber (1100)  
Bernice Delaney (900)  
Sherilyn Johnson (720)  
Gwen Meeks (550)  
Betty Holder (420)  
Susan Gallo (350)  
Missi Johnson (320)  
Bridgette Wisdom (290)  
Barbara Ensign (270)  
Tammy Larson (270)

#### Grand Master Women (50-59)

Melodie Thompson (980)  
Theresa Samuelian (630)  
Amy Mullens (460)  
Sarah Bowen (430)  
Colleen Carboni (390)  
Kathy Fulton (250)  
Marty Brown (180)  
Cindy Pointer (180)  
Karen Webb (120)  
Laura Brock (90)

#### Senior Women (60+)

Bonnie Wasson (1250)  
Ann Garner (420)  
Edwina Cohen (350)  
Susan Harrison (90)  
Frances Martin (60)

# Chattanooga Track Club Financial Statements

## BALANCE SHEET AS OF DECEMBER 31, 2008

### ASSETS:

#### CURRENT ASSETS

CHECKING/SAVINGS	
CD - ADD ON	\$9,152.72
FIRST TN CHECKING	<u>\$26,477.04</u>
TOTAL CHECKING/SAVINGS	<u>\$35,629.76</u>

**TOTAL CURRENT ASSETS** **\$35,629.76**

#### FIXED ASSETS

EQUIPMENT	<u>\$39,710.31</u>
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**TOTAL FIXED ASSETS** **\$39,710.31**

#### OTHER ASSETS

ENDOWMENT FUND – EST. 7/5/05	<u>\$3,497.32</u>
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**TOTAL OTHER ASSETS** **\$3,497.32**

**TOTAL ASSETS** **\$78,837.39**

### LIABILITIES & NET ASSETS

#### LIABILITIES

##### CURRENT LIABILITIES

OTHER CURRENT LIABILITIES	
CHARITY FEES PAYABLE	\$1,765.90
OROS FEES PAYABLE	224.94

**TOTAL OTHER CURRENT LIABILITIES** **\$1,990.84**

**TOTAL CURRENT LIABILITIES** **\$1,990.84**

#### NET ASSETS:

UNRESTRICTED NET ASSETS \$51,577.36

RESTRICTED NET ASSETS 3,497.32

NET INCOME 21,771.87

**TOTAL NET ASSETS** **\$76,846.55**

**TOTAL LIABILITIES & NET ASSETS** **\$78,837.39**



**FAST** \_\_\_\_\_  
**BREAK**

*Chattanooga's Ultimate Running Store*

**104-A Tremont Street  
Chattanooga, TN 37405**

**(423) 265-0531**



# Chickamauga Battlefield Marathon, Half Marathon & Jr. Marathon

November 14, 2008 – Fort Oglethorpe, GA

## Record Turn Out

The Chickamauga Battlefield Marathon, Half Marathon and Junior Marathon had the largest turn out in its 29-year history, with over 600 registrants for the marathon, 700 registrants for the half marathon, and 250 registrants for the junior marathon.

The race included registrants from 35 states and 5 countries. Both the marathon and half marathon sold out before race day.

## Marathon

Hugh Enicks, of Signal Mountain, TN, won the marathon in a time of 2 hours, 48 minutes, 33 seconds. Gina Krabbendam, of Lookout Mountain, TN, was the female marathon champion, covering the course in a time of 3 hours, 14 minutes, 47 seconds.

John Van Steenbergh, of Flowery Branch, GA, won the champion of marathon male masters division. Lynn Mooney, of Marietta, GA, won the marathon female masters division. Benn Paletz, of Norcross, GA, won the marathon male grand masters division. Linda Mason Berber, of Pine Mountain, GA, won the marathon female grand masters division.

The marathon featured a 26.2 mile course with approximately 23 miles run through the Chickamauga & Chattanooga National Military Park. The event featured a new start/finish location at the 6th Cavalry Museum on Barnhardt Circle in historic Fort Oglethorpe. The move to the new start/finish location was made possible through a partnership with the Fort Oglethorpe Tourism Committee.

## Half Marathon

This is the first year a half marathon was run in conjunction with the marathon. In past years the marathon was accompanied by a 10-mile race (2001 – 2007) and a 5k race (1990 – 1991).

The half marathon was won by Michael Kirk, of Signal Mountain, TN, in a time of 1 hour, 15 minutes, 42 seconds. TN. Christina Evans, of Canton, GA, was the female half marathon champion, finishing in a time of 1 hour, 32 minutes, 39 seconds.



Joe Sneed, of Soddy-Daisy, TN, won the half marathon male masters division champion. Joan Vos, of Chickamauga, GA, won the half marathon female masters division.

## Junior Marathon

The event also featured the 2nd Annual Chickamauga Junior Marathon. Designed to promote physical fitness among children and their families, the Junior Marathon was open to students enrolled in first through sixth grades.

Children were able to divide up the distance in any way they liked; they just needed to run, jog, or walk a total of 25.2 miles with adult supervision before November 8.

Today the junior marathoners completed the final mile of their marathon, crossing the official finish line of the Chickamauga Battlefield Marathon. Runners who submitted a completed log sheet and finished the last mile received a race number, t-shirt, finisher's medal, and a goody bag.

The Chickamauga Marathon, Half Marathon and Junior Marathon was made possible through the generosity and hard work of numerous volunteers, the Fort Oglethorpe Tourism Committee, The National Park Service, and Hutcheson Medical Services.

The Chickamauga Marathon, Half Marathon, and Junior Marathon was a Chattanooga Track Club event. Sponsors of the Chickamauga Marathon and Half Marathon include Fort Oglethorpe Tourism Committee, Fuller Rehabilitation, Hutcheson, National Park Service, PowerAde, Sports Barn, Ankle & Foot Center, Out of the Blue Café, Southern Coffee Service, and Lookout Mountain Tomato & Banana.

# Chickamauga Battlefield Marathon Results - 2008

## FEMALE OVERALL

1	Gina Krabbendam	3:14:47
2	Lynn Mooney	3:22:20
3	Sarah Almodovar	3:24:16
4	Kathleen Di Rosato	3:28:05
5	Jennifer Snell	3:29:37
6	Rebekah Justice	3:30:15
7	Linda Hearn	3:31:19
8	Katharine Cooper	3:31:26
9	Linda Mason Barber	3:31:49
10	Amy Stewart	3:33:10

## MALE OVERALL

1	Hugh Enicks	2:48:33
2	John Van Steenberg	2:48:45
3	David Workman	2:51:49
4	Tim Prichard	2:53:50
5	Steven Chorma	2:54:37
6	Joe Bowman	2:56:33
7	Sam Martinez	2:59:23
8	Chuck Denham	3:01:14
9	Brett Noerager	3:04:26
10	Charles Webb	3:05:21

## FEMALE MASTERS

1	Lynn Mooney	3:22:20
2	Kathleen Di Rosato	3:28:05
3	Linda Hearn	3:31:19
4	Linda Mason Barber	3:31:49
5	Barbara Hodges	3:35:21
6	Laura Gearhiser	3:42:16
7	Joanna Crooks	3:51:21
8	Corona Horton	3:52:24
9	Marie Martinek	3:54:42
10	Tammy Alderman	3:55:01

## MALE MASTERS

1	John Van Steenberg	2:48:45
2	Joe Bowman	2:56:33
3	Sam Martinez	2:59:23
4	Chuck Denham	3:01:14
5	Joseph Howe	3:05:40
6	Gal Kelmer	3:14:04
7	James Dunlap	3:14:08
8	Barry Ege	3:14:22
9	Ryan Shrum	3:16:04
10	Dave Getz	3:18:02

## FEMALE GRAND MASTERS

1	Linda Mason Barber	3:31:49
2	Patti Muck	4:00:14
3	Lynn Kershisnik	4:06:07
4	Theresa Vangrov	4:09:03
5	Carol Wallace	4:17:14
6	Dana Boney	4:17:56
7	Mary Schumann	4:18:27
8	Leann Myers	4:20:17
9	Judith Franke	4:26:17
10	Heidi Devries	4:28:34

## MALE GRAND MASTERS

1	Barry Ege	3:14:22
2	Dave Getz	3:18:02
3	John Walker	3:23:53
4	Bill Boney	3:26:23
5	Tommy Nichols	3:27:54
6	Ross Dempster	3:29:29
7	Jerry Boone	3:33:49
8	Tony Branam	3:34:36
9	Mike Griffin	3:35:34
10	Mark Brune	3:35:40

## FEMALE AGE GROUP: 24 & UNDER

1	Joanna Lancaster	3:41:02
2	Sarah Woerner	3:52:01
3	Erin Rayburn	4:18:17
4	Blaes Schmissrauter	4:27:42
5	Ashley Carson	4:36:54
6	Carol Skenes	4:39:05
7	Emily Gothberg	4:45:19
8	Genevieve Slingluff	4:48:07
9	Heather Shoemaker	5:08:21
10	Melissa Hicks	5:27:26

## MALE AGE GROUP: 24 & UNDER

1	Charles Webb	3:05:21
2	Scott Fotre	3:23:58
3	Matt Jackson	3:38:07
4	David Moreno	3:38:31
5	Ryan Seals	3:52:14
6	Joseph Sanchez	3:56:32
7	Julian Jackson	4:05:36
8	Marco Bianchini	4:08:12
9	Blake Larkin	4:09:44
10	Wes Scroggins	4:11:45
11	Elijah Goudzward	4:13:02
12	Christopher Brown	4:36:54
13	Beau Russell	4:47:38
14	Alistair Fider	4:56:58
15	Tyler Luckey	4:56:59
16	Julian Villar	5:01:06

## FEMALE AGE GROUP: 25-29

1	Rebekah Justice	3:30:15
2	Katharine Cooper	3:31:26
3	Erin English	3:33:32
4	Shannon O'Brien	3:50:45
5	Rebecca Russell	3:52:39
6	Caroline Burnet	3:53:33
7	Amy Krieg	3:54:06
8	Lenore Gouge	3:55:04
9	Ashley Weiland	3:55:56
10	Jessica Vihon	3:56:13
11	Mindy Williford	3:56:17
12	Kate Harrell	4:00:19
13	Katy Strayhorn	4:06:48
14	Kadi Smitherman	4:07:36
15	Tricia Lavin	4:08:08
16	Megan Miller	4:18:40
17	Heidi Griswold	4:24:31
18	Valarie Tipton	4:28:17
19	Suzie Williams	4:33:06
20	Caroline Crackel	4:38:38
21	Amy Young	4:44:49
22	Holly Gans	4:49:26
23	Melanie Blair	5:09:10
24	Alison Jordan	5:11:12
25	Rebecca Randall	5:35:45
26	Jill Higdon	5:43:08

## MALE AGE GROUP: 25-29

1	Chuck Harrell	3:09:42
2	Michael Rametta	3:22:47
3	Benjamin Campbell	3:28:16
4	Jay Gibson	3:29:45
5	Jeff Wilkerson	3:45:17
6	James Smith	3:47:02
7	Casey Gallaher	3:47:18
8	Dustin Shelander	3:51:19
9	John Hangstefer	3:54:04
10	Brandon Baker	3:54:27
11	Kevin Antoine	3:56:29
12	Daniel Doverspike	3:59:18
13	Paul Chesher	3:59:36
14	Jeff Eller	3:59:42
15	Matthew Jenkins	4:01:28
16	Matthew Roten	4:01:57
17	Yen Hua Chen	4:06:53
18	983 Jeffrey Metter	4:18:58
19	1010 Peter Euler	4:26:48
20	1015 Joseph Howard	4:27:35
21	1020 Patrick Johnson	4:28:16
22	1078 Zach Schuchart	4:43:47
23	1093 Matthew Allison	4:46:32
24	1117 Joshua Mantz	4:54:19
25	1220 Billy Bumanglag	5:47:41

## FEMALE AGE GROUP: 30-34

1	Sarah Almodovar	3:24:16
2	Jennifer Snell	3:29:37
3	Desiree Lerch	3:38:33
4	Liz Dull	3:41:57
5	Paige Dorr	3:50:35
6	Chanda Heighton	3:56:19
7	Kimberly Tuttle	4:13:13
8	Heather Coon	4:18:40
9	Molly Zalewski	4:25:33
10	Katherine Fisher	4:26:49

11	Claudia Seeger	4:37:16
12	Jaime Overturf	4:57:16
13	Allie Wilson	4:59:42
14	Chrissy Johnson	5:03:35
15	Mary Johns	5:13:41
16	Leslie Beadles	5:18:07
17	Lanise Hutchins	5:22:24
18	Virginia Rainey	5:25:24
19	Heather Wilson	5:38:42
20	Amy Dugger	5:47:43
21	Teri Doepke	5:52:59
22	Jenifer Johnson	6:05:35

## MALE AGE GROUP: 30-34

1	Clint Sanders	3:05:44
2	Daniel Delph	3:08:40
3	Jonathan Stewart	3:08:54
4	Josh Hinkle	3:12:09
5	Josh Hite	3:15:17
6	Devin Munczenski	3:16:15
7	Eric Hoyme	3:25:43
8	Brian Taylor	3:26:23
9	Jason Mayfield	3:26:33
10	Kent Wilson	3:27:41
11	Angel Baez	3:33:44
12	Brian Beadles	3:34:43
13	Jacob Barton	3:38:51
14	Zach Cowart	3:41:22
15	Adam Burnett	3:41:47
16	J.R. Grimes	3:43:13
17	Chris Stephens	3:47:40
18	Daniel Hodge	3:49:17
19	David Kieu	3:50:05
20	Scott Williford	3:51:16
21	Steven Burson	3:56:33
22	Chris Bengtson	3:57:25
23	Mitchell Hollis	3:58:17
24	Greg Cornelius	3:59:13
25	Edward Clark	3:59:20
26	Kyle Phillippi	3:59:21
27	David Leonard	4:02:56
28	Joel Seskin	4:04:02
29	Jon Hutchins	4:06:47
30	Tymm Hoffman	4:07:28
31	Perry John	4:07:31
32	David Coon	4:09:04
33	Chris Stewart	4:14:18
34	Jeffrey Sulka	4:14:35
35	Kerry Kerlin	4:14:53
36	Chris Tenbarga	4:16:12
37	John Lowry	4:17:22
38	Rowan Johnson	4:20:54
39	Matthew Amick	4:25:34
40	Daniel Price	4:32:15
41	Carl Skinner	4:36:25
42	Nicholas Gans	4:37:10
43	John Naylor	4:43:37
44	David Smith	5:00:29
45	Chris Luetkemeyer	5:04:05
46	Joseph Anastos	5:23:48
47	Jonathan Cooper	5:52:59

## FEMALE AGE GROUP: 35-39

1	Amy Stewart	3:33:10
2	Lisa Logan	3:36:11
3	Lisa Barrett	3:38:09
4	Shelly Hobbs	3:42:14
5	Belinda Young	3:43:05
6	Michele McDonnell	3:44:10
7	Tina Lowe	3:45:17
8	Cheryl Triko	3:45:30
9	Jennifer Funk	3:45:30
10	Vivian Clarke	3:46:26
11	Dee Persinger	3:59:16
12	Anna Mercer	4:01:47
13	Kimberly Walsh	4:06:05
14	Sujatha Hariharan	4:11:02
15	Barbara Stepp	4:18:40
16	Tracy Eaves	4:25:18
17	Elizabeth Persons	4:30:48
18	Kathleen Lawrence	4:33:19
19	Sharon Bullock	4:36:59
20	Hilary Jarecki	4:41:30
21	Heidi Houser	4:51:23

22	Sonya Reagor	4:54:52
23	Tephania Mitchell	4:58:44
24	Beth Headrick	5:02:03
25	Shannon Juby	5:17:17
26	Halley Black	5:21:54
27	Lesley Toops	5:24:32
28	Lettie Primeaux	5:31:05
29	Emily Bolling	5:36:35
30	Ruth Colegrove	5:43:49
31	Sarah Ford	5:59:06

## MALE AGE GROUP: 35-39

1	David Workman	2:51:49
2	Tim Prichard	2:53:50
3	Steven Chorma	2:54:37
4	Brett Noerager	3:04:26
5	Sean Mullins	3:06:07
6	Reavis Eubanks, Jr.	3:07:45
7	Chris Wedge	3:12:51
8	Allen Binkley	3:15:29
9	Greg Bradford	3:16:43
10	Will Burns	3:17:23
11	David Jordan	3:24:50
12	Jim Walters	3:25:54
13	Mike Orsega	3:28:11
14	Les Conner	3:34:57
15	Bradford Box	3:36:13
16	Mark Ellingson	3:39:06
17	Justin Guy	3:39:30
18	Sean Pfister	3:39:32
19	Carey Force	3:44:10
20	J David Shabat	3:44:23
21	Chad Akins	3:44:37
22	Chris Triko	3:45:30
23	John Main	3:46:23
24	Jeffrey Keith	3:47:40
25	Jason Delves	3:47:57
26	Stephan Wilds	3:50:57
27	Bob Carpenter	3:54:42
28	Greg Neargarth	3:56:20
29	Scotty Pope	3:56:32
30	David Crosssett	3:56:34
31	Darren Minnemann	3:58:57
32	Nathan Fagan	3:59:50
33	Harry Irvin	4:00:52
34	Michael Linton	4:02:56
35	Ryan Taylor	4:04:54
36	Bill Baker	4:04:57
37	Denny Sims	4:06:37
38	Philip Patterson	4:08:56
39	Tim Binder	4:10:03
40	David Nolan	4:10:47
41	Brad Stepp	4:11:46
42	Terry Parrish	4:14:22
43	Ron Miller	4:18:15
44	Mark Gore	4:20:16
45	Geoff Ownbey	4:25:40
46	Crandall Caughman	4:29:24
47	Earl Tindall	4:32:12
48	Keith Parham	4:32:25
49	Andrew Strickland	4:34:52
50	David Hill	4:39:01
51	Spencer Morgan	4:44:52
52	Tony Owens	4:45:13
53	Mark Thrasher	4:45:27
54	Todd Garner	4:46:06
55	Samuel King	4:51:06
56	Charles Forman	4:53:05
57	Rob Troxler	4:55:19
58	Kirby Teague	4:56:40
59	Robert Hall	5:00:39
60	Matt Guthrie	5:04:05
61	Harry Stanley	5:06:18
62	Jeff Sink	5:10:03
63	Craig Heighton	5:10:25
64	Michael Juby	5:17:17
65	Keith Tankersley	5:20:02
66	Jason Eslinger	5:34:13
67	Darren Wilson	5:38:46
68	John Smith	6:43:18

## FEMALE AGE GROUP: 40-44

1	Kathleen Di Rosato	3:28:05
2	Linda Hearn	3:31:19



3	Barbara Hodges	3:35:21
4	Joanna Crooks	3:51:21
5	Corona Horton	3:52:24
6	Fran Killeen	4:00:17
7	Eleni Deboard	4:00:44
8	Sara Busse	4:09:31
9	Missi Johnson	4:12:57
10	Lynne Mulligan	4:24:41
11	Lisa Simpson	4:24:44
12	Gina Bolen	4:27:01
13	Molly McKinstry	4:29:49
14	Robyn Powell	4:30:47
15	Blanca Rios	4:33:20
16	Denna Mitchell	4:35:04
17	Ginger Irby	4:37:00
18	Bridgette Wisdom	4:37:21
19	Jennifer Martin	4:45:12
20	Mary Weiland	4:51:03
21	Judy Fagan	4:55:38
22	Ildiko Babka	5:00:24
23	Tara Lee Sargent	5:16:58
24	Mary Anne Brocato	5:17:38
25	Kim Griswold	5:35:45

**MALE AGE GROUP: 40-44**

1	Joe Bowman	2:56:33
2	Sam Martinez	2:59:23
3	Joseph Howe	3:05:40
4	Gal Kelmel	3:14:04
5	Ryan Shrum	3:16:04
6	Mark Kuhn	3:18:32
7	Mark Dillard	3:19:20
8	Travis Birts	3:23:41
9	Aaron Mercer	3:24:56
10	Orlando Daniels	3:28:12
11	Boris Abreu	3:30:19
12	Mark Wisdom	3:33:10
13	Dan Wroblewski	3:35:35
14	Randy Harris	3:37:08
15	Joseph Brewer	3:37:20
16	Andy Koss	3:37:25
17	John Cremers	3:38:26
18	Daniel Mattle	3:39:37
19	Bradley Rassegga	3:46:38
20	Christopher Bennett	3:47:25
21	Mike Cypcar	3:49:58
22	Jerry Bruening	3:50:24
23	Craig Harper	3:58:00
24	Mike Honeycutt	3:58:13
25	Jim Busse	3:58:24
26	Phillip Abshire	3:58:34
27	Randy Stanford	3:58:53
28	Marty Rubin	4:02:59
29	Barry Hasenkopf	4:02:59
30	Howard Reagor	4:05:00
31	Andrew Rose	4:05:46
32	Greg Myers	4:06:06
33	James Hebebrand	4:09:16
34	Scott Swindle	4:11:00
35	Jaime Gonzalez	4:11:21
36	B Hudson	4:12:22
37	Jeff Browne	4:14:00
38	Jeff Horn	4:14:02
39	Jose Martinez	4:14:20
40	Thomas Best	4:16:26
41	Brian Puckett	4:20:12
42	Joe Feaser	4:22:14
43	Paul Starling	4:22:14
44	Woody Bishop	4:26:00
45	Neil Bolen	4:27:02
46	Ashley Keith	4:27:03
47	Rick Raley	4:36:05
48	Mike Ryan	4:39:22
49	Scot Fletcher	4:42:59
50	Billy Hancock	4:44:08
51	Alan Kingsley	4:44:38
52	Todd Gothberg	4:45:19
53	Rick Hall	4:45:31
54	Will Castle	4:48:00
55	Jerry Hoffe	4:50:41
56	Jonathan Wegner	4:51:22
57	Jerry Jackson	4:53:20
58	Mark Wimberly	4:58:54
59	Jeffrey Dorr	5:04:01

60	Robert Burnside	5:10:57
61	Tim Marquardt	5:17:43
62	William Walker	5:23:50

**FEMALE AGE GROUP: 45-49**

1	Laura Gearhiser	3:42:16
2	Marie Martinek	3:54:42
3	Tammy Alderman	3:55:01
4	Cindy Knott	4:03:55
5	Nordia Lee	4:05:10
6	Sandy Smith	4:06:23
7	Lorraine Hillard	4:09:05
8	Tammy Bentley	4:12:06
9	Cheryl Webster	4:13:27
10	Coleen Strasburger	4:21:18
11	Lisa Edwards	4:22:59
12	Jane Mando	4:24:02
13	Cherie Eason	4:24:07
14	Bonnie Sturgill	4:27:39
15	Cheryl Porter	4:29:57
16	Soni Marker	4:32:05
17	Monica Holmback	4:35:51
18	Betty Holder	4:40:12
19	Cynthia Hannafey	4:46:35
20	Sherri Pettigrew	4:47:52
21	Millicent Flake	4:49:20
22	Gwen Meeks	4:54:04
23	Leigh Harris	4:57:27
24	Fiona Wright	4:58:24
25	Mary Long	5:02:25
26	Kelly Taylor	5:16:47
27	Emily Schoenberg	5:24:22
28	Kim McKenney	5:32:43
29	Cynthia Kinkaid	5:49:47
30	Tammy Larson	5:50:35

**MALE AGE GROUP: 45-49**

1	Chuck Denham	3:01:14
2	James Dunlap	3:14:08
3	Ricky Krisle	3:19:15
4	Charles Flynn	3:21:34
5	Robert Greenwood	3:24:08
6	Herman Sledge III	3:24:19
7	John Zemp	3:24:43
8	Philip Lee	3:26:23
9	Trey Shipp	3:26:47
10	Jim Parker	3:33:14
11	John Kinnaman	3:33:21
12	Don Allen	3:33:54
13	James Wagner	3:34:59
14	Steve Robinson	3:36:50
15	Steven Allman	3:37:26
16	Donald Raake	3:37:34
17	Tim Philips	3:38:38
18	Jeff Busch	3:38:54
19	Kurt Lauer	3:38:56
20	Kenneth Widner	3:42:33
21	Jeffrey Brown	3:43:04
22	Michael Wyszong	3:43:47
23	Brian Wakeman	3:45:39
24	Wesley Wilkins	3:47:11
25	Greg Ethridge	3:48:43
26	Michael Scot	3:49:21
27	Greg Gentry	3:50:11
28	Richard Key	3:52:09
29	Terry Dietzler	3:52:59
30	Ed Ferrell	3:53:50
31	James Pearce	3:55:39
32	Carl Woerner	3:56:49
33	John Friedline	3:56:51
34	David Tinkey	3:59:02
35	Ed Saunders	3:59:19
36	Mark Kelley	3:59:52
37	Kent Bowers	4:10:49
38	Francis Shappard	4:17:16
39	Paul Benkeser	4:18:36
40	Jeff Lefrod	4:23:15
41	Titus Johnson	4:23:29
42	Thomas Lynch	4:23:33
43	Bill Harris	4:29:25
44	Amy Oliver	4:29:33
45	James Arnold	4:30:48
46	James Taylor	4:31:23
47	Jeff Hager	4:35:04

48	Bruce Goff	4:42:22
49	Jamie Miller	4:49:38
50	Dwayne Stansell	4:53:59
51	Todd Bentley	4:55:21
52	David Kemp	4:56:01
53	Ed Graven	5:15:27
54	Michael Shue	5:24:12
55	Keith McKenney	5:32:43
56	Kevin Wagoner	5:40:54

**FEMALE AGE GROUP: 50-54**

1	Patti Muck	4:00:14
2	Lynn Kershisnik	4:06:07
3	Carol Wallace	4:17:14
4	Dana Boney	4:17:56
5	Mary Schumann	4:18:27
6	Leann Myers	4:20:17
7	Judith Franke	4:26:17
8	Heidi Devries	4:28:34
9	Carmen Moss Hodnett	4:43:14
10	Carol Hogan	4:46:14
11	Cathie Johnson	4:46:37
12	Glenn Paris	4:52:48
13	Carol Hough	5:13:37
14	Juanita Motley	5:24:07
15	Joan Chadwick	5:39:55

**MALE AGE GROUP: 50-54**

1	Dave Getz	3:18:02
2	Tommy Nichols	3:27:54
3	Tony Branam	3:34:36
4	Mike Griffin	3:35:34
5	Mark Brune	3:35:40
6	Paul Peterson	3:36:28
7	Stephen Delaney	3:40:10
8	Layne Garner	3:44:18
9	Doug Spencer	3:52:35
10	Stephen King	3:54:01
11	David Swearingner	3:55:45
12	William Smith	3:56:03
13	James Smith	3:58:14
14	Jeffrey Miller	4:02:29
15	Dale Vanhooser	4:04:31
16	Wade Patrick	4:06:55
17	Lester Galyon	4:11:07
18	Ken Skelly	4:11:50
19	Greg Weddle	4:12:53
20	Jody Alderman	4:15:43
21	Mike Taylor	4:17:17
22	Bill Gay	4:18:39
23	Quentin Potter	4:18:47
24	Daniel Stahl	4:21:13
25	Richard Nikonovich-Kahn	4:26:34
26	Edgar Smith	4:27:38
27	Robert Hardin	4:29:17
28	David Paris	4:31:56
29	Brian Lavender	4:33:50
30	James Keel	4:36:25
31	Ken Furst	4:45:02
32	Vernon Sermons	4:45:41
33	James Sandidge	4:51:07
34	Scott Dickson	4:55:17
35	Phillip Webster	5:07:14
36	Lawrence Fillingim	5:16:41
37	Randy Elrod	5:19:54
38	James Brisky	5:25:01
39	Benn Paletz	7:05:46

**FEMALE AGE GROUP: 55-59**

1	Theresa Vangrov	4:09:03
2	Jackie Myers	4:42:06
3	Randi Stillman	4:58:27
4	Dosella Canepari	5:32:51
5	Leslie Marmorato	5:35:03

**MALE AGE GROUP: 55-59**

1	John Walker	3:23:53
2	Bill Boney	3:26:23
3	Ross Dempster	3:29:29
4	Jerry Boone	3:33:49
5	Kurt Mueller	3:36:36
6	Paul Posl	3:38:32
7	Benny Bixenman	3:42:22
8	John Ferguson	3:44:02



9	Robert Obst	3:46:29
10	Donald Langdon	3:47:44
11	Ron Westbury	4:02:04
12	Tom Lamb	4:06:50
13	Joseph Oh	4:15:49
14	John Crawley	4:16:08
15	Mike Martin	4:17:44
16	Dallas Doctor	4:27:51
17	William Shine	4:28:25
18	David Pierson	4:29:16
19	Dave Abbott	4:30:06
20	Don Cleveland	4:30:11
21	Michael Maney	4:30:47
22	Bill Collier	4:35:29
23	Timothy Davis	4:40:42
24	James List	4:41:17
25	Charlie Weiland	4:42:07
26	Mark Janosky	5:02:30
27	Clifton Cartwright	5:03:38
28	Bill Freeman	5:04:55
29	Don Henry	5:06:36
30	Richard Stokes	5:07:14
31	Gene Nelson	5:08:16
32	George McDaniel	5:08:42
33	Richard Filitor, Jr.	5:16:58
34	Bobby Smith	5:18:19
35	Mike Oliver	5:21:22
36	Jeff Burleson	5:30:35
37	Bill Moran	5:30:35
38	Darryl Davis	5:31:11
39	Wayne Taylor	5:33:22
40	Dudley Meier	5:35:19
41	Mark Hendersen	5:40:51
42	Dennis Ford	5:53:38

**FEMALE AGE GROUP: 60 & OVER**

1	Laura Schultz	4:34:24
2	Shirley Sirois	4:56:51

**MALE AGE GROUP: 60 & OVER**

1	Craig Kelly	3:45:29
2	Sergio Bianchini	3:46:52
3	Richard Le	3:55:56
4	Cyrus Rhode	3:56:06
5	Bob Kroeger	3:57:15
6	Ed Leblanc	3:59:37
7	Roger Ackerman	4:06:07
8	Kenneth Sirois	4:09:00
9	Truman Smith	4:12:57
10	Donald Davis	4:13:29
11	George Southgate	4:26:32
12	Tom Little	4:28:59
13	Troy Johnson	4:46:37
14	Rich Phillips	4:48:01
15	Richard Allen	4:52:09
16	Ken Lowden	4:59:30
17	Brent Fitzgerald	5:04:54
18	Jim Devaney	5:05:59
19	Frank Zaubi	5:06:36
20	Armand Kramedjian	5:08:47
21	Chester Kalb II	5:19:13
22	Roger Winchell	5:21:11
23	Doug Howard	5:21:40
24	Dave Thompson	5:33:44
25	Roger Haugae	5:38:27
26	Allen Griffiths	5:41:59
27	Gordon Duvaal	5:42:29
28	Raymond McCaslin	5:58:24
29	Charlie Gregory	6:15:16

# Chickamauga Battlefield Half Marathon Results – 2008

## FEMALE OVERALL

1	Christina Evans	1:32:39
2	Kimberly Humphries	1:36:00
3	Stacey Smith	1:37:22
4	Heather Stone	1:38:51
5	Caroline McGarity	1:40:17
6	Emily Cooper	1:41:08
7	Sara Phelps	1:41:56
8	Amanda Afdahl	1:42:49
9	Leslie Becht	1:44:09
10	Joan Vos	1:45:14

## MALE OVERALL

1	Michael Kirk	1:15:42
2	Geno Phillips	1:16:07
3	Brian Waters	1:17:31
4	Ryan Heming	1:19:38
5	Joe Sneed	1:21:41
6	Jonathan Warner	1:21:41
7	William Warner	1:24:32
8	Matthews Jones	1:26:48
9	Christopher Trinidad	1:26:49
10	Christopher Butler	1:28:49

## FEMALE MASTERS

1	Joan Vos	1:45:14
2	Doreen Clayton	1:48:25
3	Shawn Brower	1:48:36
4	Holly Kimsey	1:48:46
5	Patty Burgess	1:48:51
6	Beth Brinson	1:49:03
7	Angela Farmer	1:49:31
8	Valerie McMichael	1:50:15
9	Julia Jones	1:50:45
10	Kimberly Atkins	1:52:02

## MALE MASTERS

1	Joe Sneed	1:21:41
2	William Warner	1:24:32
3	Mark Compton	1:35:16
4	John Fox	1:35:21
5	James Shoaf	1:35:44
6	William Copeland	1:36:57
7	Randll Godwin	1:37:13
8	Andrew Beauchamp	1:37:58
9	Chris Wells	1:38:25
10	Ray Kellum	1:38:31

## FEMALE AGE GROUP: 24 & UNDER

1	Kimberly Humphries	1:36:00
2	Sara Phelps	1:41:56
3	Leslie Becht	1:44:09
4	Lisa Becht	1:46:13
5	Anya Wallace	1:51:24
6	Lauren Debarge	1:51:51
7	Laura Edgerton	1:54:35
8	Margaret Drew	1:56:48
9	Charlotte Okie	1:57:02
10	Annika Lider	1:57:23
11	Faith West	1:59:22
12	Heather Wilson	1:59:25
13	Amanda Tingle	2:03:27
14	Jessica Baril	2:04:34
15	Mary Ward	2:06:41
16	Carolyn Maye	2:07:06
17	Julia Nickell	2:07:06
18	Meredith Morrow	2:09:57
19	Margaret Welborn	2:09:58
20	Ali Donahue	2:10:00
21	Emily Boyd	2:10:01
22	Casey Kluttz	2:11:15
23	Kristen Goodlett	2:11:18
24	Beth Palmer	2:12:01
25	Katie Coleman	2:12:22
26	Laura Fleischmann	2:16:10
27	Amelia Kirbo	2:16:20
28	Daniella Romero	2:17:22
29	Cameron Goss	2:17:22
30	Shelby Stallings	2:20:39
31	Courtney Thompson	2:21:02
32	Haylee Hughes	2:25:53
33	Jamie Brown	2:25:54
34	Ruth Joiner	2:26:03

35	Thekla Roland	2:34:23
36	April Richards	2:45:06
37	Kaitlin Billingsley	2:58:31
38	Bethany Thurman	3:00:05
39	Elizabeth Southall	3:04:29
40	Victoria Stanley	3:22:12
41	Haley Colbert	4:03:26
42	Whitney Burt	4:07:42

## MALE AGE GROUP: 24 & UNDER

1	Ryan Heming	1:19:38
2	Jonathan Warner	1:21:41
3	Matthews Jones	1:26:48
4	Matt Phillips	1:32:39
5	Nicholas Rulon	1:38:33
6	Brian Bixby	1:40:37
7	Matt Tingle	1:42:13
8	Austin Gros	1:45:06
9	Tyler Martin	1:45:45
10	Matthew Mitchell	1:47:43
11	Michael Westbury	1:49:44
12	Joseph McLeod	1:49:59
13	Jacob Hill	1:52:16
14	Brendan McRedmond	1:52:55
15	Andrew Edwards	1:53:12
16	Andrew Gennett	1:53:43
17	Mark Vines	1:54:01
18	Josh Edgerton	1:54:35
19	Jeffrey Hall	1:54:57
20	David Ward	1:56:20
21	Josh Cook	2:00:05
22	Clark Crosson	2:01:09
23	Michael Cleary	2:04:04
24	Justin Van Riper	2:04:43
25	Kyle Van Riper	2:09:11
26	Jeremy Conner	2:09:17
27	Scott Finks	2:09:48
28	Andrew Pirkle	2:13:26
29	Levi Mintz	2:43:03
30	Chris Petty	2:49:05
31	Harry Stanley	3:40:20
32	Jake Mintz	4:07:41

## FEMALE AGE GROUP: 25-29

1	Caroline McGarity	1:40:17
2	Amanda Afdahl	1:42:49
3	Amy Jean Brown	1:49:07
4	Sara Gahan	1:51:27
5	Amy Haddock	1:52:10
6	Katie Smith	1:53:12
7	Amy Bevis	1:53:47
8	Rachel Baker	1:54:13
9	Rebekah Blesch	1:54:19
10	Jenni Oates	1:54:19
11	Caroline Lamar	1:58:58
12	Ashley Nichols	1:59:00
13	Mandy Houts	1:59:11
14	Kristen MacKens	2:00:22
15	Kristy Benoit	2:01:34
16	Kari Gentry	2:01:39
17	Adrienne Rulon	2:01:45
18	Rachel Dunn	2:04:19
19	Laura Johnson	2:06:59
20	Elizabeth Burgess	2:11:14
21	Erin Welch	2:11:18
22	Heather Raboin	2:12:01
23	Christy Gantt	2:12:22
24	Maranatha Zopfi	2:13:07
25	Candace Whittington	2:16:09
26	Bethany Bernier	2:16:22
27	Ginger Mayfield	2:16:37
28	Jennifer Hixson	2:17:22
29	Cheryl Stone	2:19:02
30	Kathryn Shubert	2:20:03
31	Ann Wade Parrish	2:21:51
32	Amy Sawyer	2:22:30
33	Starla Schrock	2:23:24
34	Erin Neblett	2:23:39
35	Meredith Bridges	2:25:08
36	Angel Cavanaugh	2:25:15
37	Faith Bush	2:27:53
38	Kristina Welke	2:30:14
39	Jamie Hodges	2:31:39

40	Sheila Blankenship	2:32:54
41	Amy Brantham	2:39:07
42	Corinne Kalen	2:41:27
43	Margaret Davenport	2:41:27
44	Rebecca Davenport	2:41:27
45	Melissa Cowart	2:41:49
46	Leann Crandall	2:42:27
47	Christy Smith	2:46:57
48	Johannah Paiva	2:47:19
49	Theresa Kennedy	3:04:30
50	Maggie Estes	3:22:30
51	Merrell McGinness	3:39:31

## MALE AGE GROUP: 25-29

1	Brian Waters	1:17:31
2	Christopher Trinidad	1:26:49
3	Adam Dodson	1:31:49
4	Allen Hodges	1:32:52
5	Donald Euler Jr	1:34:43
6	Chris Williams	1:36:17
7	Wilson McGinness	1:39:09
8	Daniel Parson	1:41:44
9	Zach Burroughs	1:41:58
10	Christopher Klapp	1:42:33
11	William Kirkpatrick	1:44:33
12	Jonathan Frost	1:51:58
13	Daniel Gilbert	1:52:08
14	Jay Sims	1:53:01
15	Brian Welch	1:53:28
16	George Aquila	1:54:29
17	Nik Meeks	1:58:44
18	Brady Garvich	1:59:50
19	Richard Hall	2:00:09
20	Brandon Owen	2:05:10
21	Jason Bridges	2:05:26
22	Kendall Pickens	2:05:29
23	Stetson Duke	2:05:46
24	Zach Donahue	2:09:01
25	Brian Burgess	2:11:13
26	Dustin Crane	2:12:40
27	Phil Neblett	2:13:13
28	Jonathan Parker	2:13:21
29	Kevin Johnson	2:14:48
30	William Hale	2:16:39
31	Kelley Thomson	2:21:02
32	Carter Hancock	2:21:39
33	Jonathan Hughes	2:25:53
34	John Stanislawski	2:26:20
35	Michael Sawyer	2:28:14
36	Jason Gruner	2:30:40

## FEMALE AGE GROUP: 30-34

1	Heather Stone	1:38:51
2	Emily Cooper	1:41:08
3	Sarah Blackwell	1:46:50
4	Margot Witteveen	1:49:20
5	Stacey Godwin	1:58:18
6	Kristy Petrillo	1:58:53
7	Shannon Derogatis	2:00:02
8	Beth Crace	2:01:28
9	Elizabeth Bourgeois	2:02:41
10	Shannon Holt	2:03:48
11	Susan Medina	2:04:46
12	Emily Brown	2:05:39
13	Stacey McCaleb	2:06:29
14	Caroline Carpenter	2:07:27
15	Jennifer Dolan	2:09:11
16	Adriane McGee	2:09:30
17	Carie Daniel	2:09:38
18	Misty Mann	2:10:01
19	Hayley Evans	2:10:06
20	Jennifer Cooley	2:12:29
21	Mary Stoetzner	2:14:50
22	Amy Skinner	2:14:57
23	Stephanie Schniederjan	2:16:17
24	Kelly Paschall	2:16:24
25	Sabrina Locklear	2:17:09
26	Christina Myers	2:22:36
27	Katherine Hyatt	2:23:25
28	Amy Galleazzo	2:24:44
29	Laura Roberts	2:24:51
30	Sparkle Echeverria	2:25:25
31	Kelly Alling	2:25:31

32	Kelly Hamilton	2:30:11
33	Daisy Tucker	2:33:48
34	Holly Hollis	2:35:44
35	Leah Anderson	2:41:37
36	Elizabeth Petty	2:42:54
37	Jamie Cornelius	2:44:17
38	Jamie Collins	2:44:17
39	Kara Cheatham	2:45:44
40	Mitzie Dyer	2:49:01
41	Amber Sherman	2:53:36
42	Angela Riccetti	2:55:13
43	Jennifer Kilgore	2:58:16
44	Meesha Phillips	3:09:50

## MALE AGE GROUP: 30-34

1	Zach Middlebrooks	1:30:40
2	Tom Dull	1:35:26
3	Paul Archambault	1:36:02
4	Josh Lovett	1:37:50
5	Richard Johnson	1:40:09
6	Thomas Bullock	1:40:33
7	Jamie Putman	1:41:31
8	Phillip Baker	1:41:59
9	Andrew Petrillo	1:43:02
10	Brian Sparks	1:43:21
11	Chris Gentry	1:44:09
12	Louis Netherland	1:46:57
13	Forrest Walker	1:47:17
14	Donnie Mullins	1:49:37
15	Justin Williams	1:49:48
16	Jason Hamrick	1:51:08
17	Yuri Davis	1:52:16
18	Kelly Meredith	1:52:37
19	Jim Williams	1:53:09
20	Anthony Helms	1:53:54
21	Dustin Hayes	1:56:23
22	Charles Smitherman	1:57:10
23	Torrey Wiley	1:57:25
24	Iestyn Lewis	2:04:06
25	Matthew Maretta	2:06:22
26	Jeff Rawles	2:11:17
27	Eric Bricker	2:12:24
28	Robert Newberry	2:23:39
29	Jason Cooley	2:31:44
30	Christopher Rayala	2:33:06
31	Shawn Ashley	2:49:00

## FEMALE AGE GROUP: 35-39

1	Stacey Smith	1:37:22
2	Heather Mina	1:48:33
3	Caroline Blaylock	1:51:26
4	Allisa D'Apice	1:51:49
5	Sissy Jones	1:56:04
6	Alisa Stipanov	2:01:09
7	Katherine Peters	2:02:22
8	Elliott Hart	2:02:41
9	Sonya Prime	2:02:47
10	Mary Margaret Doyle	2:02:48
11	Lisa Harris	2:03:19
12	Gina Chorma	2:03:48
13	Hayley Yates	2:03:54
14	Sara McNabb	2:03:58
15	Vera Kelly	2:05:00
16	Lyn Douglas	2:05:25
17	Elizabeth McCoin	2:05:39
18	Paige Phillips	2:05:43
19	Deanna Lord	2:05:57
20	Caryn Stransky	2:06:57
21	Felicia Noerager	2:07:10
22	Tina Heiden	2:07:10
23	Lisa Hamn	2:08:04
24	Jennifer Baskerville	2:08:36
25	Amy Milliken	2:10:08
26	Brooke Hodges	2:11:03
27	Shana Chandler	2:11:12
28	Lisa Culver	2:11:13
29	Rebecca Royval	2:14:05
30	Robin Kelly	2:14:14
31	Jennifer Duke	2:14:50
32	Berry Shults	2:16:06
33	Vicky Caughman	2:16:10
34	Vicki Postelle	2:16:17
35	Heather Steed	2:16:55



36	Jennifer Hale	2:18:31	39	Dale Reichman	2:44:14
37	Kathy Thuneman	2:19:15	40	Ray Pruett	2:44:26
38	Vicki Boring	2:19:47	41	William Shaw	2:45:55
39	Tralissa Morrow	2:20:02	42	Tony Reames	2:56:47
40	Alisa Lewis	2:21:13	43	Levi Kilgore	2:58:16
41	Darlene Barton	2:21:16	44	Christopher Palk	4:01:22
42	Efrat Kelmer	2:22:59			
43	Susan Middlebrooks	2:23:14			
44	Karen Wheeler	2:24:54			
45	Leah Knight	2:25:05			
46	Jennifer Orr	2:25:06			
47	Sandra Feagans	2:26:19			
48	Patricia Holder	2:27:34			
49	Heather Mullins	2:27:46			
50	Stacy Marshall	2:29:42			
51	Aleisha Hardison	2:30:05			
52	Ivette Palacios	2:31:12			
53	Tanya Swann	2:31:27			
54	Marielisa Rincon	2:32:19			
55	Wendy Oates	2:33:58			
56	Sarah Prince	2:34:09			
57	Ashley Parham	2:35:43			
58	Devorah Sanchez	2:35:47			
59	Robin Street	2:37:11			
60	Lydia Burroughs	2:37:14			
61	Rachel Fisher	2:39:01			
62	Valarie Miller	2:40:53			
63	Sheri Patrick	2:43:27			
64	Katrina Mintz	2:43:32			
65	Nikki Swafford	2:45:06			
66	Julie Shaw	2:45:56			
67	Shonda Boring	2:46:18			
68	Cara Cassell	2:47:18			
69	Martha George	2:47:33			
70	Talley Carroll	2:48:59			
71	Elizabeth Hickman	2:51:20			
72	Ansley Yeomans	2:55:13			
73	Cris Welsh	2:56:00			
74	Sharon Pitzl	2:57:49			
75	Jill Reynolds	3:22:05			
76	Cassie Templeton	3:45:22			
77	Melissa Palk	4:01:22			
78	Amy Waldrop	4:15:32			

**MALE AGE GROUP: 35-39**

1	Geno Phillips	1:16:07			
2	Christopher Butler	1:28:49			
3	Andrew Appel	1:32:40			
4	John Stephenson	1:43:59			
5	Terry Connor	1:44:54			
6	Christopher Rolan	1:45:39			
7	Nelson Wells	1:46:52			
8	Bill Monahan	1:47:00			
9	Matt McLelland	1:47:09			
10	James Torrence	1:47:46			
11	Scott Johnson	1:48:57			
12	Anthony Spallone	1:49:02			
13	Ted Moyer	1:50:46			
14	Dan Ostrander	1:51:46			
15	Anthony Rogers	1:51:51			
16	Troy Tarpley	1:52:59			
17	Chuck Miller	1:54:11			
18	Shawn Reynolds	1:54:53			
19	Steven Chorma	1:57:42			
20	Chad Parson	2:01:09			
21	Chris Layfield	2:01:10			
22	Matt Heiden	2:02:15			
23	Boyd Hanson	2:03:36			
24	Thomas Cannon	2:04:51			
25	Todd Mullins	2:04:59			
26	Christopher Harris	2:05:05			
27	Matt Street	2:06:13			
28	Michael Emerling	2:06:59			
29	Joe Carpenter	2:07:05			
30	Charles Swafford	2:11:27			
31	Wes Kelly	2:12:13			
32	Joel Henderson	2:14:42			
33	Sanford Duke	2:14:50			
34	Paul Brown	2:17:21			
35	Rex McInvale	2:24:13			
36	Tim Cook	2:24:38			
37	Larry Smith	2:27:14			
38	Clinton Hayes	2:28:07			

**FEMALE AGE GROUP: 40-44**

1	Doreen Clayton	1:48:25			
2	Shawn Brower	1:48:36			
3	Holly Kimsy	1:48:46			
4	Patty Burgess	1:48:51			
5	Angela Farmer	1:49:31			
6	Julia Jones	1:50:45			
7	Christy Greenwood	1:56:24			
8	Connie Petty	1:56:42			
9	Angela Pewitt	1:58:45			
10	Yolanda Bell	2:01:27			
11	Laura Parrish	2:02:15			
12	Pamela Richardson	2:03:07			
13	Shannon Moseley	2:08:48			
14	Caroline Sallette	2:09:17			
15	Danna Vaughn	2:10:04			
16	Lisa Redmond	2:10:07			
17	Terri Ernst	2:10:24			
18	Deborah McCray	2:12:40			
19	Beverly Brockman	2:13:55			
20	Carol Money	2:14:26			
21	Wendy Richardson	2:15:28			
22	Lori Lyttle	2:16:27			
23	Kellie Davis	2:16:55			
24	Malyndia Long	2:19:18			
25	Elaine Cook	2:20:41			
26	Kim Smith	2:20:42			
27	Dawn Jumper	2:20:59			
28	Brenna Fairchild	2:22:21			
29	Leann Barnes	2:22:28			
30	Susan Miller	2:23:14			
31	Amanda Brantley	2:24:17			
32	Rebekah Taylor	2:27:23			
33	Rhonda Allen	2:29:14			
34	Malynde Weaver	2:34:29			
35	Ellen Daniel	2:36:58			
36	Leah Winkler	2:37:50			
37	Melissa Reichman	2:44:14			
38	Michelle Major	2:45:33			
39	Ellen Tessmann	2:48:59			
40	Asha Patel	3:12:31			
41	Vicki Deweese	3:14:04			
42	Karin Alcantara	3:14:05			
43	Tani Shaner	3:26:59			
44	Gina Stanley	3:30:40			
45	Dede Van Riper	3:35:32			
46	Sharon McFall	3:46:19			
47	Angela Farmer	3:53:01			
48	Deanne Burt	4:07:42			

**MALE AGE GROUP: 40-44**

1	Andrew Beauchamp	1:37:58			
2	Patrick Douglas	1:41:27			
3	Steve Hodges	1:45:52			
4	Jamie Welborn	1:48:51			
5	Van McCorkle	1:49:30			
6	Scott Schannuth	1:50:41			
7	Joe Salamone	1:51:01			
8	David Moghani	1:52:23			
9	Richard Queen	1:53:55			
10	Rob Davis	1:53:56			
11	Allen Ritchie	1:54:11			
12	Bill Jones	1:54:41			
13	David Mustard	1:54:46			
14	Doug Brock	1:55:20			
15	Arthur Harton III	1:55:28			
16	Blaine Kelley	1:57:43			
17	Ryan Earnest	2:00:32			
18	Chad Lewis	2:01:24			
19	Frank Bartuska	2:02:27			
20	Rhett Rogers	2:02:42			
21	Gary Hobbs	2:03:16			
22	Bobby Hunt	2:03:24			
23	C.K. Miller II	2:04:23			
24	Keith Barnes	2:04:49			
25	Scott Moe	2:06:42			

26	Rick Millike	2:10:07			
27	Van Sorrells	2:13:18			
28	Greg Boring	2:17:16			
29	Torrance Beard	2:17:33			
30	Tim Lawson	2:18:35			
31	Jeff Webb	2:23:55			
32	Gary Quarles	2:28:07			
33	Sean Sharp	2:33:17			
34	Joseph Sanchez	2:35:48			
35	John Brantley	2:57:01			
36	Alan Bivens	3:23:08			
37	David Van Riper	3:35:32			

**FEMALE AGE GROUP: 45-49**

1	Beth Brinson	1:49:03			
2	Valerie McMichael	1:50:15			
3	Kimberly Atkins	1:52:02			
4	Michelle Oliver	1:53:57			
5	Janice Cornett	1:56:13			
6	Nancy Hagood	2:03:44			
7	Mary Gentry	2:08:20			
8	Charlotte Simmons	2:09:23			
9	Beth Murphy	2:09:47			
10	Karen Welborn	2:10:06			
11	Kim Barashick	2:10:33			
12	Linda Andreae	2:13:07			
13	Kerry O'Hara	2:14:42			
14	Betsy Archer	2:16:08			
15	Jennye McCreary	2:16:15			
16	Natalie Raven	2:19:07			
17	Yvette Santana	2:19:55			
18	Kimberly Hedgecock	2:22:52			
19	Meg Daniel	2:23:11			
20	Sally Hoffman	2:23:14			
21	Rhonda Burdette	2:24:05			
22	Pamela Connors	2:24:54			
23	Shirley Alexander	2:25:25			
24	Lauri Slade	2:33:58			
25	Jean Cummings	2:34:40			
26	Kathleen Lachance	2:36:04			
27	Gayle Parks	2:40:06			
28	Karen McDonald	2:41:43			
29	Anita Davenport	2:43:14			
30	Kathy Crane	2:43:32			
31	Lorrie Nance	2:48:14			
32	Robin Phillips	2:53:36			
33	Donna Kerr	2:54:42			
34	Cynthia Gibson	3:05:44			
35	Gail Gibson	3:05:44			
36	Deborah Vance	3:12:03			

**MALE AGE GROUP: 45-49**

1	John Fox	1:35:21			
2	William Copeland	1:36:57			
3	Chris Wells	1:38:25			
4	Ray Kellum	1:38:31			
5	Andy Foresman	1:42:29			
6	Michael Mooney	1:42:59			
7	James Zahn	1:43:35			
8	Van Ford	1:43:58			
9	Rick Moran	1:44:00			
10	Michael Heinichen	1:47:18			
11	Jim Haley	1:48:18			
12	Roger Madrazo	1:51:44			
13	Michael Raven	1:52:41			
14	Mark Meadows	1:53:42			
15	Gustavo Icarte	1:56:39			
16	Kelvin Brents	1:57:47			
17	Thomas Wilson	1:59:06			
18	Scott Ray	1:59:27			
19	Kent Black	2:00:05			
20	Mark Smalling	2:00:23			
21	Tim Coakley	2:00:28			
22	John Selman	2:01:23			
23	John Sedwick	2:01:37			
24	Jeffrey Balser	2:02:51			
25	John Parrish	2:03:47			
26	John Echols	2:06:03			
27	Perry Mills	2:07:59			
28	Mike Greene	2:08:43			
29	David Schuitema	2:13:52			
30	Gary Thurman	2:17:07			
31	Jay Jumper	2:20:19			

32	Dana James	2:21:13			
33	Ian Harper	2:21:49			
34	Anthony Herndon	2:29:14			
35	Jeff Plunkett	2:34:51			
36	Doug Benton	2:37:07			
37	Ed Hogan	2:37:28			
38	Erik Mogelgaard	2:38:15			
39	Mark Thompson	2:42:23			
40	Gary Morgan	3:03:42			

**FEMALE AGE GROUP: 50-54**

1	Sandra Stark	1:53:14			
2	Catherine Griffin	1:55:17			
3	Dale Tingle	1:58:20			
4	Rhonda Gage	2:02:22			
5	Nancy Woods	2:02:44			
6	Vicki Knight	2:04:21			
7	Carol Eaton	2:04:48			
8	Carol Harpe	2:08:02			
9	Amy Quick	2:08:49			
10	Kathi Wagner	2:09:56			
11	Myrna Cox	2:10:15			
12	Cindy Ralston	2:11:23			
13	Jan Sheffield	2:11:52			
14	Sarah Bowen	2:14:17			
15	Krista Goss	2:17:22			
16	Peggy Alf-Sechtig	2:18:04			
17	Victoria Slocum	2:18:11			
18	Julie Miller	2:19:00			
19	Diana Kirbo	2:19:23			
20	Elizabeth Daubner	2:21:53			
21	Jennifer Moree	2:25:26	</		

# Chickamauga Battlefield Half Marathon Results – 2008

27	Greg McGuire	2:09:11	<b>MALE AGE GROUP: 55-59</b>	3	Mary Duguay	2:23:00	22	Daniel Johnson	2:50:04		
28	Marty McGuire	2:09:17	1	William Warner	1:24:32	4	Gerda Kalb	2:32:33	23	Charles Alday	2:57:24
29	Michael Weathers	2:14:13	2	Randll Godwin	1:37:13	5	Bonnie Wassin	2:33:34	24	Chris Scammon	2:58:33
30	Calvin Marshall	2:14:38	3	Buddy Rabun	1:39:08	6	Joan Maney	2:48:09	25	Henry Gaudet	2:59:00
31	Larry Reynolds	2:15:37	4	Terry Strawser Sr	1:41:46	7	Linda Zeeman	2:48:49	26	Paul Jackson	3:01:15
32	Steve Taylor	2:17:18	5	Danny Casteel	1:44:34	8	Kathy Givens	2:59:08	27	Bill Allen	3:19:20
33	Don Lastine	2:22:00	6	Mark Morgan	1:54:07	9	Donna Waddell	3:08:21	28	Montie Edwards	3:36:16
34	Billy Lashley	2:27:50	7	Charles Hofmann	1:55:51	10	Marilyn Hubbard	3:39:31	<b>UNKNOWN HMAR PARTICIPANTS</b>		
35	David Higgins	2:34:09	8	Dennis Henderson	1:58:14	<b>MALE AGE GROUP: 60 &amp; OVER</b>		1	Julianne Kalbaugh	Unknown	
36	Terry Bailey	2:34:30	9	Thomas Sisemore	1:59:12	1	Tommy Eberhardt	1:47:05			
37	Brett McCreary	2:35:38	10	Ron Crews	2:02:59	2	David Sanders	1:47:21			
38	Marty Eaton	2:36:37	11	Pat Hagan	2:03:24	3	Paul Smith	1:49:21			
39	Tim Stallings	2:37:47	12	Mike Morrissey	2:05:32	4	Buck Rogers	1:54:07			
40	Mike Eames	3:24:32	13	Carter Lynch	2:07:55	5	Larry Kuglar	1:54:43			
<b>FEMALE AGE GROUP: 55-59</b>			14	Bill Terry	2:11:08	6	Doug Hawley	1:55:10			
1	Karen Austin	1:59:49	15	Max Siu	2:11:11	7	Jim England	1:59:38			
2	Kathy Bell	2:00:40	16	Doug Curtis	2:11:22	8	Ted Hegenbarth	2:04:22			
3	Eileen Johnson	2:04:02	17	John Bips	2:14:54	9	Dr. Frank Patterson	2:05:25			
4	Patti Lowden	2:12:49	18	Rob Slocum	2:16:25	10	Dan Woughter	2:08:25			
5	Katie Yates	2:13:41	19	Bill Kamm	2:16:27	11	James Sorrells	2:13:11			
6	Dena Abbinante	2:22:05	20	Joe W Davis	2:17:18	12	Walter Sinor	2:15:27			
7	Gail Stansell	2:26:22	21	Jim Hamblen	2:17:46	13	Bill Chamblee	2:17:24			
8	Sharon Kyle	2:33:13	22	Michael Fishel	2:23:13	14	Bob Bullington	2:20:00			
9	Deborah Mattson	2:40:04	23	Lucien Ellington	2:24:03	15	Michael Jacocks	2:22:21			
10	Kinsey Harper	2:41:27	24	David Klinger	2:34:59	16	Terry O'Brien	2:22:25			
11	Barbara Taylor	3:02:12	25	Rick Hirter	3:52:31	17	Dan Bailey	2:29:56			
12	Patrice Ryan	3:09:53	26	Ron Puschnig	4:01:21	18	John Bailey	2:29:56			
13	Nancy Zurbach	3:16:38	<b>FEMALE AGE GROUP: 60 &amp; OVER</b>		1	Gail McCaslin	1:57:11	19	Thomas Gage	2:31:31	
14	Sandra Puschnig	4:01:21	2	Sue Anne Brown	2:02:28	20	Phillip Thomas	2:36:19			
15	Debbie King	4:04:54			21	Raymond Mattle	2:39:17				



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# Scenic City Half Marathon to Benefit Eight Charities

This year's edition of the Scenic City Half Marathon, 5k and Charity Challenge will feature the participation of eight local charities. The event is scheduled for Saturday February 28, 2009.

## Charity Challenge

In an effort to give back to the community, the Scenic City Half Marathon and 5k features a special Charity Challenge. As part of the Charity Challenge, a portion of each participant's entry fee will be donated to a charity of the participant's selection. Participants also have the opportunity to raise additional funds for the charity, if they choose, through a special online fund raising system.

This year's Charity Challenge includes two new charities: Area 4 Special Olympics and Partnership for Families, Children and Adults. Charities who participated last year and have returned for 2009 include: McKamey Animal Care and Adoption Center, Bethlehem Center, Chattanooga Room in the Inn, Children's Advocacy Center, Children's Home / Chambliss Shelter and Tennessee Aquarium.

In 2008, the Charity Challenge raised over \$13,000 for the participating charities. This year's Charity Challenge will continue to raise funds through entry fees and online donations through February 25th.

# Track Club Launches Half Marathon Training Program

On Wednesday December 10th, 2008 the Chattanooga Track Club (CTC) will launch a half marathon training program. The 12-week program is designed to prepare runners, from beginners to the experienced, for the Scenic City Half Marathon scheduled for February 28, 2009 in downtown Chattanooga.

Along with providing runners with a weekly schedule designed to build runners' strength and endurance, the training program will offer participants two weekly group runs. The group runs include a Wednesday night mid-week tempo run and a Saturday morning long run.

The Wednesday night run will meet each week at 6:15 pm at the Downtown Sports Barn (301 Market St.). Distances will vary from 3 to 8 miles.



## Half Marathon & 5k

Both the half marathon and 5k start and finish at Finely Stadium, at the corner of Main Street and Carter Street, in downtown Chattanooga. The half marathon begins at 8:00 am and the 5k begins at 8:30 am.

The half marathon features a 13.1 mile course run alongside of the Tennessee River. Participants will leave the Finely Stadium area via Riverside Drive, heading toward Ross's Landing. After passing the Tennessee Aquarium runners will proceed east on Amnicola Highway. After turning around, participants will head back to downtown Chattanooga via the Riverwalk. Runners will then cross over the Tennessee River via the Walnut St Bridge, run through North Shore, and then head across the Veterans Bridge. Participants will then return to Finely Stadium via Riverside Drive.

Registration fees for the 2009 Scenic City Half Marathon, 5k and Charity Challenge increase on Sunday February 1, 2009. Participants you want to receive the early online registration rate of \$40 for the half marathon and \$20 for the 5k need to register by January 31st.

The location of the Saturday morning long runs will vary each week. Distances will vary from 4 to 12 miles. Starting locations are posted on [ScenicCityHalfMarathon.com](http://ScenicCityHalfMarathon.com).

The group runs will include detailed course maps and water and sport drinks every few miles.

Those interested in participating in the program should attend visit [ScenicCityHalfMarathon.com](http://ScenicCityHalfMarathon.com) and/or drop into a weekly group run.

The training program is sponsored by the Chattanooga Track Club.

**To learn more about the Scenic City Half Marathon, 5k and Charity Challenge please visit [www.ScenicCityHalfMarathon.com](http://www.ScenicCityHalfMarathon.com).**



## Winter Training and Treadmills

Winter can be the best time of year to lay down aerobic base miles. The winter months are also a good time to rework and improve your run form.

The treadmill is a useful tool for developing both fitness and technique. Here are a few key technical areas to target on the treadmill this winter.

### Cadence

Running well requires a mastery of cadence. Taller athletes (six-foot-plus) should aim for 80-plus strides per minute (counting foot strikes of one foot only—for example, your right foot), while smaller athletes (under five-foot-five) might shoot for the upper 90s. Those in the middle of these two ranges should aim for a run cadence of 88 to 93 strides per minute.

As you run faster, your cadence should increase, but only slightly. The most efficient runners have a relatively high stride rate (with respect to their height) even at slower speeds. If you do over-stride (run with a long stride and low cadence) you may be tricking yourself into thinking you are running more efficiently than you actually are.

With a loping stride you might feel great pressure on the ground with each toe-off and achieve good reach with every stride, but you are not effectively using your aerobic energy system. You will find you can run longer at a set pace and with a lower average heart rate once you have become comfortable with a quick, smooth gait.

The treadmill is a perfect tool to help you learn how to maintain a steady cadence despite a variable pace. The treadmill permits even pacing, allowing you to practice holding a set cadence across different running speeds.

Try 90 strides per minute at your slow jogging pace, your high-end aerobic pace and then at tempo-running or race pace. Note what your heart rate does. It may be elevated initially, but as you get comfortable with a higher turnover you will note that it levels off. Over time, you can determine your most efficient cadence at different speeds for prolonged durations.

### Technique

The treadmill is also a great coaching (or self-coaching) tool. Videotape yourself running on a treadmill or watch yourself run in the floor-to-ceiling mirrors at the gym. When reviewing your form, look for inward or outward rotation of the feet and note whether your ankles collapse.

Check that your knees are driving straight and that your hips are level. If one hip or shoulder is higher than the other, it may be causing your lower limbs to move slightly out of equilibrium. Look for excessive side-to-side or rotational movement of the hips or shoulders. Make sure the shoulders aren't too high or too tight.

Check heel lift and knee lift. Are they balanced? One heel lifting higher than the other could indicate several things, including a left-right imbalance in the flexibility of your quadriceps.

Efficient running is the act of controlled falling. You fall between foot strikes, actively catching yourself when your foot makes ground contact and propelling yourself forward into your next step. Examine your form and posture from the side. You should be running tall through the hips and shoulders but with a slight forward lean overall. Keep your chin slightly down and your eyes fixed on the ground about 10 feet in front of you to help keep your center of gravity slightly forward.

Check your foot strike from the side view. It should be directly under your center of gravity. A heavy foot slap is often a sign that your foot is striking too far forward and that you're "reaching" too much for your next step. Be conscious as to whether you are too collapsed through the hips and running slightly seated. Note whether you are squeezing your shoulder blades too much, holding your chin and head too far back or stopping yourself from falling forward into your next stride.

Finally, though most runners cringe at the thought of spending long sessions running on the spot, stepping onto a treadmill can be very productive. With a clear plan, you be on the fast track for outdoors in no time. Integrate these suggestions and drills into a myriad of aerobic, hill and threshold sets—both on the treadmill and on the road—to make them interesting and effective.

## Wauhatchie Trail Run Results – 2008

1 Nancy O'Neill	0:34:19	35 Jude Hacherl	0:50:33	69 Jeremy Kluttz	1:00:06	<b>FAMILY COMPETITION</b>	
2 Steven Fassino	0:37:58	36 Ted Hegenbarth	0:50:43	70 Sara Kluttz	1:00:22	1 Goetz/Goetz	1:20:32
3 Mark Koenig	0:38:23	37 Hall Laura	0:50:49	71 Unknown	1:00:42	Joseph Goetz	0:40:22
4 Sergio Bianchini	0:38:40	38 Lisa Thompson	0:51:10	72 Steve Smalling	1:02:05	Daniel Goetz	0:40:10
5 Catherine Cheeseman	0:39:16	39 Rick Phillips	0:51:12	73 Rebekah Chewing	1:02:09	2 O'Neill/O'Neill	1:20:35
6 Joe Sneed	0:39:47	40 Leslie Becht	0:51:16	74 Tim Hopkins	1:02:15	Bill O'Neill	0:46:16
7 Daniel Goetz	0:40:10	41 Ryan Hacherl	0:51:18	75 Jim Johnson	1:02:51	Nancy O'Neill	0:34:19
8 Joseph Goetz	0:40:22	42 Rebecca Shearer	0:51:23	76 Nick Meeks	1:03:24	3 Cheeseman/Cheeseman	1:24:38
9 Jan Gautier	0:41:08	43 Barbara Ensign	0:51:51	77 Carter Lynch	1:03:48	Ken Cheeseman	0:45:22
10 Thomas Gilmartin	0:41:52	44 Kevin Richardson	0:52:32	78 Tamara Lawless	1:05:24	Catherine Cheeseman	0:39:16
11 Ryan Shrum	0:42:24	45 Quint Mansell	0:52:50	79 Ethan Hirsch-Tauber	1:05:25	4 Simril/Simril	1:31:17
12 Sam Linhoss	0:42:41	46 Carl Woerner	0:52:58	80 Paula McGown	1:05:30	Lee Simril	0:43:58
13 Warren Sinor	0:43:18	47 Hendree Harrison	0:52:59	81 Lauri Slade	1:05:46	Brenda Simril	0:47:19
14 Charles Webb	0:43:47	48 David Marus	0:53:31	82 John Paul Davis	1:05:54	5 Hatcher/Hatchert	1:41:51
15 Shannon Wood	0:43:53	49 John Thornbury	0:53:34	83 Michael Samuels	1:05:55	Jude Hatchert	0:50:33
16 Lee Simril	0:43:58	50 Tyler Keys	0:53:38	84 Yolanda Bell	1:05:56	Ryan Hatchert	0:51:18
17 Tom Sell	0:44:21	51 Sarah Woerner	0:53:46	85 Hillary Libby Mullins	1:06:54	6 Talbott/Jones	1:42:18
18 Sal Coll	0:44:31	52 Matt McLelland	0:53:57	86 Wendy Oates	1:07:32	Paul Talbott	0:45:08
19 Nick Honerkamp	0:44:55	53 Adam Woliver	0:54:10	87 David Holliday	1:08:46	Anita Jones	0:57:10
20 Paul Talbott	0:45:08	54 Lynda Webber	0:54:14	88 Earl Kelle	1:08:53	7 Woerner/Woerner	1:46:44
21 Ken Cheeseman	0:45:22	55 Phil Gates	0:54:43	89 Rory DeWeese	1:09:14	Sarah Woerner	0:53:46
22 Bill O'Neill	0:46:16	56 Doug Torrance	0:54:46	90 Rebecca Shields	1:13:08	Carl Woerner	0:52:58
23 Peyton Miller	0:46:28	57 Jesse Roberson	0:55:04	91 Bonnie Wassin	1:13:15	8 Kluttz/Kluttz	2:00:28
24 Matt Gregory	0:46:39	58 Lynn Seeger	0:55:26	92 Chris Ford	1:13:56	Jeremy Kluttz	1:00:06
25 Steven Thomas	0:46:55	59 Andrew Gennett	0:55:53	93 Beth Ford	1:14:12	Sara Kluttz	1:00:22
26 Bill Minehan	0:47:09	60 Karin Krey	0:56:08	94 Barbie Stewart	1:14:13	9 Ford/Ford	2:28:08
27 Brenda Simril	0:47:19	61 Susan Gallo	0:56:40	95 Rebecca Ammons	1:14:37	Chris Ford	1:13:56
28 Brad Harvey	0:47:25	62 Colloen Carbon	0:57:00	96 Kathy Fulton	1:20:14	Beth Ford	1:14:12
29 Sue Anne Brown	0:47:31	63 Anita Jones	0:57:10	97 Mitzie Dyer	1:20:18		
30 James Williams	0:47:43	64 Diana Melcher	0:57:13	98 Carol Farmer	1:21:25		
31 Jim Steffes	0:47:53	65 Josiah Bell	0:57:23	99 Unknown	1:24:30		
32 Misty Griffin	0:48:13	66 David Barron	0:58:21	100 Nathan Fletcher	1:46:03		
33 Michael Leary	0:49:53	67 Anna Lueck	0:58:49	101 Ken Radley	1:53:41		
34 Cathi Cannon	0:50:27	68 Lynn Cotellese	0:59:17				

### Basic Drills

Try the following drills on a treadmill to get yourself in tune with different components of your run stride. They are great for isolating areas for improvement.

### Basic Knee Lift

Run with an exaggerated knee lift, and work from moderate to extreme knee lift while maintaining cadence. Make sure your knees are tracking straight and not traveling outward.

### High Heel Lift

Gradually work your heel lift from slightly higher to lightly kicking your butt (if you're flexible enough). Maintain normal run cadence. Look for imbalances and work on quad flexibility.

# Karen Lawrence Run (4.2 Miles) – 2008

## FEMALE OVERALL

1 Belinda Young 28:53

## MALE OVERALL

1 Chris Berry 21:07

## FEMALE MASTERS

1 Wendy Houston 32:18

## MALE MASTERS

1 Andy Meyers 25:06

## FEMALE AGE GROUP: 24 & UNDER

1 Mary Stagmaier 29:06  
 2 Meghan Bates 29:52  
 3 Caitlin Duggan 30:44  
 4 Lauren Bosworth 30:47  
 5 Mary Claire Elliott 32:00  
 6 Giselle Handal 32:10  
 7 Alexandra Thompson 33:16  
 8 Tayler Selby 34:54  
 9 Hannah Jenkins 35:09  
 10 Brittany Rothfolk 35:19  
 11 Brittany Garrett 35:29  
 12 Beth Felts 36:36  
 13 Currant Scruggs 36:41  
 14 Sallie Wright 37:25  
 15 Courtney Cox 37:30  
 16 Catherine Russe 37:38  
 17 Fiona Cahill 37:55  
 18 Mary Millard 39:41  
 19 Conoly Sullivan 39:49  
 20 Suzanne Meeker 40:02  
 21 Ashleigh Livingston 44:16  
 22 Layne Rigsby 46:30  
 23 Celeste Greene 47:26  
 24 Sarah Hanson 48:33

## MALE AGE GROUP: 24 & UNDER

1 Hansel Sothrightnow 21:33  
 2 Derek Zoolander 22:14  
 3 Zach Buffington 22:33  
 4 Michael Walker 22:53  
 5 Ryan Heming 23:37  
 6 Robert McMillan 23:57  
 7 Will Musto 24:53  
 8 Isaac Pacheco 25:40  
 9 Aj Meyers 26:19  
 10 Doug Gamenthaler 27:52  
 11 Seth Ruhling 28:01  
 12 David Burt 28:05  
 13 Steven Thomas 28:29  
 14 Tyler Keys 29:21  
 15 Zane Stone 29:36  
 16 Jack McGinness 30:07  
 17 Jesus Cruz 30:38  
 18 Chris Clemmer 31:06  
 19 Scott Gamenthaler 31:09  
 20 James Turner 31:24  
 21 Colin Dukles 32:00  
 22 Mathew Gist 32:57  
 23 Iam Nash 33:03  
 24 Quinn McGinness 33:05  
 25 Ian Dukles 34:14  
 26 William Foster 34:16  
 27 Ben Johnson 35:08  
 28 Charlie Haney 36:08  
 29 Jj Bautista 36:10  
 30 Jesse Morgan 36:36  
 31 Caleb Tigue 37:22  
 32 Joshua Gable 40:27  
 33 Matthew Livingston 44:31  
 34 James Larson 44:32

## FEMALE AGE GROUP: 25-29

1 Mindy Williford 32:16  
 2 Alli Tuckowski 35:58  
 3 Cathy Dantzer 37:59  
 4 Kat Cooper 38:00  
 5 Bethany Maher 40:19  
 6 Nicole Kammeyer 40:22  
 7 Laura Dickey 40:26  
 8 Erin Peters 41:08  
 9 Sheila Setton 42:54

## MALE AGE GROUP: 25-29

1 Stephen Gordon 23:44  
 2 Sam Linhoss 24:07  
 3 Campbell Russe 30:36  
 4 Mike Meeks 34:38  
 5 Brad Bartels 34:49  
 6 Dennis Tuckowski 35:59

## FEMALE AGE GROUP: 30-34

1 Stacie Ledridge 32:23  
 2 Marsha Potter 32:48  
 3 Dena Fairley 34:50  
 4 Heather Proctor 35:03  
 5 Susie Stanfield 36:13  
 6 Deborah Dennison 38:11  
 7 Missy Greene 38:49  
 8 Cheryl Howe 42:08  
 9 Carrie Brisendine 42:15  
 10 Kim Leffew 45:56  
 11 Amy McGhee 46:23

## MALE AGE GROUP: 30-34

1 Russell Barry 25:36  
 2 Douglas Kerns 27:54  
 3 John Windom 28:14  
 4 Richie Moore 28:14  
 5 Steven Moore 28:20  
 6 Forrest Walker 31:19  
 7 Jason Denson 31:33  
 8 Jamie Jollie 32:36  
 9 Bryant Artigas 33:23  
 10 Jeff Jennings 34:59  
 11 David McDaniel 35:20  
 12 Carrie Wolf 35:22  
 13 Jay Toney 35:26  
 14 Rob Frank 37:04  
 15 Curtis Fairbanks 37:33  
 16 Billy Callahan 37:45  
 17 Jonathan Cooper 37:59  
 18 Reynolds Fischer 39:10  
 19 Joe Adams 40:02  
 20 Forrest Vanderbilt 40:19  
 21 William Gentry 40:20  
 22 Justin Mull 41:11  
 23 Robert Greene 48:03

## FEMALE AGE GROUP: 35-39

1 Stacy Johnson 30:06  
 2 Lyn Douglas 35:17  
 3 Wendy Croft 35:59  
 4 Robin Kelley 36:27  
 5 Rebecca Moore 36:49  
 6 Vicki Caughman 37:45  
 7 Elizabeth Kilbourne 38:23  
 8 Shannon Gaddi 38:25  
 9 Jennifer Johnson 38:49  
 10 Tammy Cooke 38:53  
 11 Monica Daum 39:38  
 12 Grace Tuju 44:06  
 13 Angela Tumlin 45:27  
 14 Amy Anderson 46:39  
 15 Nichole Jordan 47:11  
 16 Leigh Ann Potter 47:19  
 17 Robyn Grant 51:47

## MALE AGE GROUP: 35-39

1 Robert Binkley 25:02  
 2 Lance Steele 26:41  
 3 Howard Curtis 26:47  
 4 Henry Odell 28:26  
 5 Micah Morrison 29:10  
 6 James Pugh 29:45  
 7 Gil Milton 30:38  
 8 Shawn Reynolds 32:33  
 9 Crandall Caughman 32:58  
 10 Geoff Ownbey 33:07  
 11 Paul Brewster 33:19  
 12 Edward Tate 33:41  
 13 Gary Snodgrass 33:48  
 14 Tim Hopkins 34:01  
 15 Christopher Eargle 34:20  
 16 Matt Clemmer 35:11  
 17 Chad Monroe 35:48

18 Danny Waxenberg 35:48  
 19 Craig Cagle 35:51  
 20 Wes Kelley 36:02  
 21 Shawn Johnson 38:52  
 22 Michael Grant, Jr. 39:54  
 23 Chris Brown 46:23

## FEMALE AGE GROUP: 40-44

1 Brenda Simril 32:40  
 2 Barbara Ensign 33:09  
 3 Christine Post 33:15  
 4 Carol Farmer 34:55  
 5 Holly Brewer 35:05  
 6 Jennifer Van Meter 36:04  
 7 Meredith Ruffner 36:09  
 8 Rae Moon 36:52  
 9 Melissa Smeltzer 37:37  
 10 Susan Ursy 38:39  
 11 Carol Oliver 39:06  
 12 Dana Moore 40:26  
 13 Kim Smith 40:31  
 14 Elaine Cook 40:33  
 15 Devony Webster 42:12  
 16 Wendy Black 49:48

## MALE AGE GROUP: 40-44

1 Lee Simril 25:25  
 2 Ryan Shrum 25:36  
 3 Greg Arwood 26:55  
 4 Christian Cooper 27:00  
 5 Jim Farmer 27:18  
 6 Les Conner 27:21  
 7 Gary Adkins 27:43  
 8 Tom Pugh 28:46  
 9 Brian Crooks 30:21  
 10 David Moghani 30:38  
 11 Stephen Burns 31:24  
 12 David Ruhling 32:11  
 13 Frank Hellwig 32:34  
 14 Alan Kelley 32:45  
 15 Andrew Ruffner 32:47  
 16 Cary Maycock 33:45  
 17 Jason Parker 34:10  
 18 Rob Lewis 35:08  
 19 John Marcellis 35:14  
 20 Mike Moon 35:17  
 21 Aubrey Ducker 35:22  
 22 John Nash 35:38  
 23 Mike Shaver 36:08  
 24 Keith Turner 36:09  
 25 Ringland Murray 36:54  
 26 Mark Smeltzer 37:38  
 27 Todd Culver 38:50  
 28 Jon Bell 39:19  
 29 Patrick Sweetman 39:19  
 30 Paul Gable 40:50  
 31 Dennis Tumlin 41:42

## FEMALE AGE GROUP: 45-49

1 Janice Cornett 34:50  
 2 Gina Wells 34:51  
 3 Kimberly Gavin 35:29  
 4 Kate Thompson 35:31  
 5 Julia Fields 36:10  
 6 Connie Mills 37:14  
 7 Corinne Henderson 37:59  
 8 Heather Ott 39:10  
 9 Vickie Bloyock 40:00  
 10 Sally Hoffman 40:03  
 11 Beverly Peacock 41:06  
 12 Vickie Stovall 41:25  
 13 Lisa Franklin 41:52  
 14 Janice Wycherley 42:39  
 15 Tammy Larson 44:40  
 16 Kay Gaither 47:07  
 17 Tracy Raulston 49:11

## MALE AGE GROUP: 45-49

1 Jeff Gaither 25:16  
 2 Tommy Kell 26:29  
 3 Ray Kellum 28:35  
 4 Ray Beem 28:48  
 5 Livingston 31:07

6 Kurt Lammon 31:14  
 7 Jeff Houston 31:59  
 8 John Raulston 32:15  
 9 Edward Kern 32:29  
 10 John Bode 33:37  
 11 Julian Bell 35:17  
 12 Craig Haney 35:28  
 13 James Arnold 35:30  
 14 Steve Thompkins 36:24  
 15 Duane Dukles 36:35  
 16 Oscar Scruggs 36:54  
 17 Mike Sparkman 38:02  
 18 Matt Stovall 38:20  
 19 Lee Davis 39:10  
 20 Tim Andrae 39:14  
 21 Andrew Alexson 40:52  
 22 Darwin Whitman 41:55  
 23 Mark Duggan 42:31  
 24 Doug Heming 42:43  
 25 William Blalock 44:03  
 26 Jeffrey Lanum 45:41

## FEMALE AGE GROUP: 50-54

1 Paula Cooper 32:57  
 2 Colleen Carboni 37:05  
 3 Lucy Cahill 38:14  
 4 Regina Hall 40:54  
 5 Ellen Mock 42:24  
 6 Patty Scoggins 49:13  
 7 Debra Russe 50:57

## MALE AGE GROUP: 50-54

1 Michael Leary 29:46  
 2 James McGinness 30:06  
 3 Marvin Watson 31:10  
 4 Gene Goduco 31:26  
 5 Don Gregg 32:02  
 6 James Mansell 32:42  
 7 Jeff Richard 32:44  
 8 John Stagmaier 33:30  
 9 Patrick Leahy 33:52  
 10 David Presley 34:07  
 11 Walter Stamper 35:39  
 12 Rick Davis 35:49  
 13 Frank Ferguson 35:51  
 14 David Keller 36:12  
 15 Jim Johnson 36:12  
 16 Tom Russe 37:45  
 17 Michael Walker 38:15  
 18 Joe Brown 38:17  
 19 Don Lastine 40:11  
 20 Robert Tramel 41:32  
 21 Claude Hager 41:56  
 22 Robert Stangarone 45:42  
 23 James Shank 55:02

## FEMALE AGE GROUP: 55-59

1 Trish Cosgrove 38:53  
 2 Laura Davenport 39:18  
 3 Lucy Stokely 40:36  
 4 Janet Hensley 46:57  
 5 Becky Holden 49:03  
 6 Sandra Amrstrong

## MALE AGE GROUP: 55-59

1 Jim Bryan 28:46  
 2 Nick Honerkamp 28:49  
 3 Randall Godwin 29:55  
 4 Rek Rogers 32:56  
 5 Butch Cooke 34:16  
 6 Kevin Barry 34:22  
 7 Dennis Goodwin 35:18  
 8 Bill Henderson 35:44  
 9 C.L. Dunn 35:58  
 10 Thomas Sisemore 36:14  
 11 Larry Rigsby 36:17  
 12 Pat Hagan 36:19  
 13 Steven Rubenstein 36:34  
 14 George McMillan 36:48  
 15 Rob Frank, Sr. 37:01  
 16 James Brown 37:14  
 17 Larry Leigh 37:36



18	Joe Davis	38:49
19	John Cosgrove	39:00
20	David Klinger	40:19
21	Lucien Ellington	41:21
22	Jim Hamblen	42:58
23	Tim Owens	47:05

**FEMALE AGE GROUP: 60-69**

1	Sue Ann Brown	35:55
2	Lynnda Owens	39:19
3	Patricia Cory	48:04
4	Ann Garner	51:49

**MALE AGE GROUP: 60-69**

1	Sergio Bianchini	29:02
2	Doug Hawley	35:27
3	Rich Phillips	35:52
4	Jesse Roberson	36:48
5	Henry Williams	37:53
6	Walter Sinor	38:17
7	Bud Wiseman	38:21
8	Thomas Cory	40:10
9	Lawrence Cook	40:25
10	Dan Woughter	40:29
11	Hoyt Cagle	41:50
12	Jim Selman	43:10
13	Maurice Edwards	44:11
14	Earl Kelle	45:37
15	Randall Peters	49:16
16	Phil Thomas	54:26

**FEMALE AGE GROUP: 70 & OVER**

1	Patty Reece	1:02:40
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**MALE AGE GROUP: 70 & OVER**

1	Jerry Frantz	43:32
2	George Reece	44:57

**UNKNOWN 4M PARTICIPANTS**

1	Cory Hall
2	Amy Vitrano
3	Porter
4	Lauren Hunt
5	Bob Gamenthaler

## BMW High Heel 6K – 2008

**FEMALE OVERALL**

1	Piper Dunbar	49:30
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**MALE AGE GROUP: 1-14**

1	Jackson Vickers	28:42
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**FEMALE AGE GROUP: 15-19**

1	Michelle Brooks	35:02
2	Stella Coffey	58:59

**MALE AGE GROUP: 15-19**

1	Desti Bume	23:43
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**FEMALE AGE GROUP: 20-29**

1	Elizabeth Sawyer	26:45
2	Rebecca Ammons	35:33
3	Sheila Blakenship	39:22
4	Shaina Davis	40:30
5	Tiffany McKelvy	43:46
6	Aishleo Spurgin	45:29
7	Catherine Jacobsom	46:50
8	Jana Blair	48:47
9	Catherine Jacobson	1:03:52

**MALE AGE GROUP: 20-29**

1	Carter Whittier	22:45
---	-----------------	-------

**FEMALE AGE GROUP: 30-39**

1	Shannon Denogatis	32:35
2	Tonya Swann	35:23
3	Shannon Gaddis	35:36
4	Kristie Hasting	35:37
5	Amanda Lucas	35:50
6	Tanya Swann	37:04
7	Angela Ballard	41:35
8	Rebecca Stein	47:43

**MALE AGE GROUP: 30-39**

1	Andrew Montgomery	28:42
2	Thomas Gross	40:30

**FEMALE AGE GROUP: 40-49**

1	Susan Gallo	34:10
2	Susan Usry	35:36
3	Jennifer Cronin	35:38
4	Sheri Blair	48:48
5	Megan Dunbar	49:21

**MALE AGE GROUP: 40-49**

1	Paul Talbott	24:24
2	S. Tompkins	32:45
3	Mike Vickers	40:54
4	David Moghani	42:34

**FEMALE AGE GROUP: 50-59**

1	Kathy Fulton	42:17
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**MALE AGE GROUP: 50-59**

1	Glen Hicks	26:44
2	Tim Seiferth	34:50
3	Thomas Russe	35:25
4	D.G. Stone	40:51

**MALE AGE GROUP: 60-99**

1	Flip Layle	38:39
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# Scenic City Half Marathon 5K & Charity Challenge

Saturday, February 28, 2009

8:00 a.m. EST

Start/Finish at Finley Stadium  
Chattanooga, TN

## Participating Charities:

**BETHLEHEM**



**CENTER**



children's **ADVOCACY** center



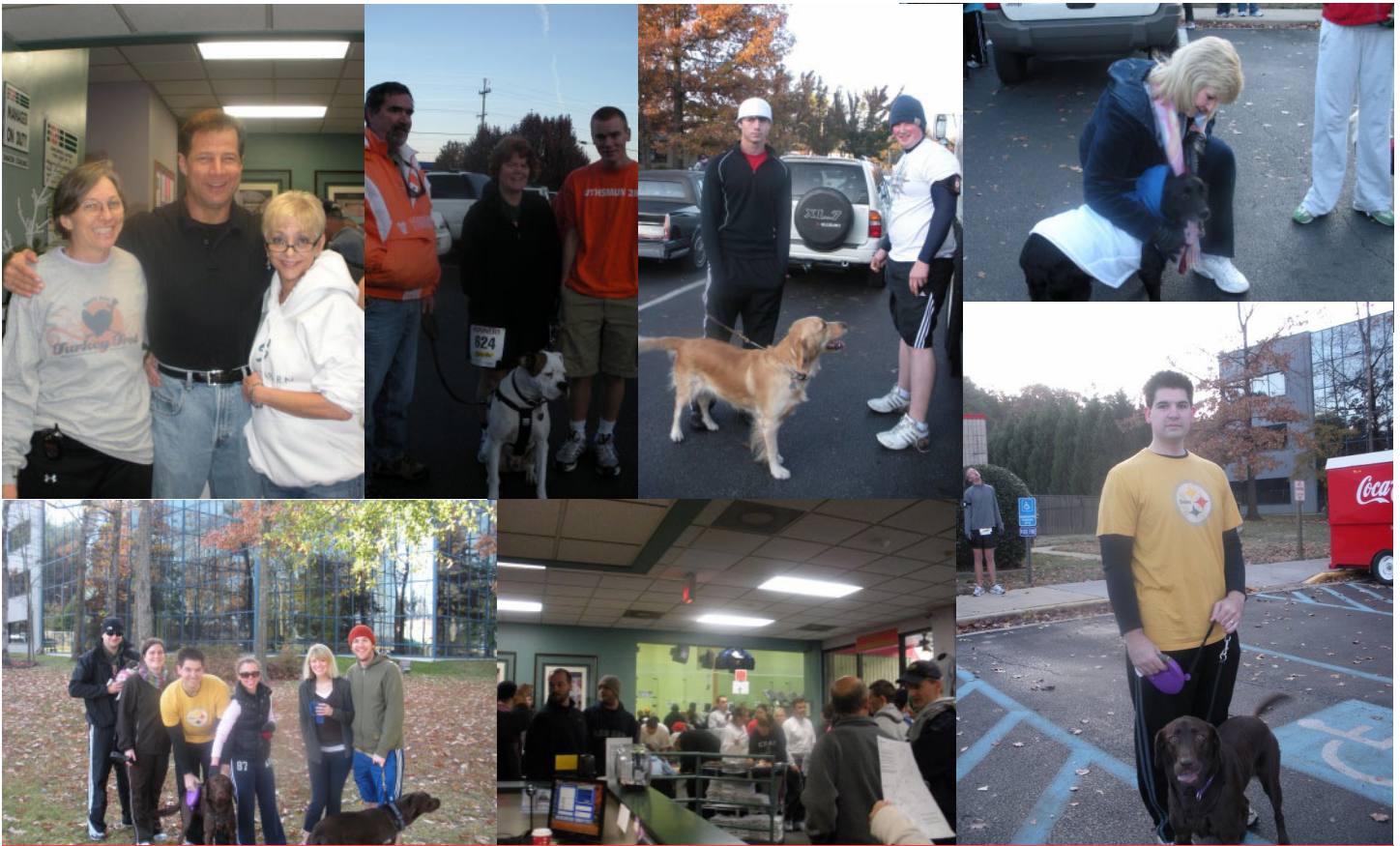
Children's Home  
Chambliss Shelter

For Registration and Additional Information  
see event website:

[www.ScenicCityHalfMarathon.com](http://www.ScenicCityHalfMarathon.com)



Presented by the Chattanooga Track Club



# Turkey Trot 8K – 2008



# Turkey Trot 8K – 2008

## MALE OVERALL

1 Steve Fassino 26:40

## FEMALE OVERALL

1 Phoebe Wright 31:04

## MALE MASTERS

1 Tim Ensign 26:53

## FEMALE MASTERS

1 Jan Gautier 33:39

## FEMALE AGE GROUP: 12 & UNDER

1 Shelby Balch 42:11  
 2 Natalie Northrop 45:26  
 3 Haley Turner 48:03  
 4 Caroline Brown 49:55  
 5 Celeste Greene 57:07  
 6 Brittany Richardson 58:13  
 7 Abby Maybry 1:01:12  
 8 Elizabeth Oliver 1:01:12

## MALE AGE GROUP: 12 & UNDER

1 Grant Hacherl 34:50  
 2 Walt Douglas 42:18  
 3 Grant Stafford 48:24  
 4 Lee Ringhofer 51:22  
 5 Matthew Vickers 56:06

## FEMALE AGE GROUP: 13-15

1 Caitlin Duggan 35:37  
 2 Mary Katherin Fields 39:35  
 3 Kate Northrop 40:02  
 4 Katy Spencer 40:29  
 5 Payton Smith 41:22  
 6 Hahna McGrath 45:01  
 7 Jordan Shrum 47:37  
 8 Alexis Atkinson 49:19  
 9 Jennifer Warren 1:03:50

## MALE AGE GROUP: 13-15

1 Ian Murphy 29:40  
 2 Phillip Williams 31:57  
 3 Ryan Hacherl 33:18  
 4 Jake Shramko 34:36  
 5 Dillon Clemmer 35:00  
 6 Hunter Daugherty 37:28  
 7 Andrew Peace 37:41  
 8 Jackson Vickers 37:54  
 9 Seth Huffman 38:51  
 10 Landon Pauls 40:52  
 11 Ethan Mosley 42:22  
 12 Garrett Williams 43:46  
 13 Connor Howard 45:00  
 14 Charles Daugherty 46:53  
 15 Ben Oates 50:09  
 16 Alex Tinney 50:35  
 17 James Larson 56:54  
 18 Chris Ford 58:43

## FEMALE AGE GROUP: 16-19

1 Dana Strenfert 38:39  
 2 Wesley Siniard 38:57  
 3 Sara Straussberger 39:44  
 4 Lisa Owens 41:37  
 5 Kelly Downs 42:17  
 6 Chantal Dye 42:50  
 7 Catherine Gorman 43:04  
 8 Hannah Jenkins 43:09  
 9 Sarah Zeglen 43:09  
 10 Daneille Linhart 43:51  
 11 Hannah Smith 45:02  
 12 Danielle Schmidt 45:41  
 13 Anna Smith 47:11  
 14 Amber Sitton 47:18  
 15 Courtney Tait 47:32  
 16 Erin Warren 47:34  
 17 Hayley Kuhn 48:51  
 18 Becka Moore 49:10  
 19 Emily Hutchins 49:24  
 20 Megan Dorris 50:17  
 21 Audrey Barth 50:17  
 22 Angela Dowling 50:21

23 Gracie Reynolds 50:37  
 24 Danielle Burt 51:11  
 25 Brindley Mitchell 51:12  
 26 Sarah Schoocraft 52:53  
 27 Julianna Gilman 53:32  
 28 Susanna Jennings 55:30  
 29 Bonnie Jennings 55:30  
 30 Callie Northrop 55:40  
 31 Lauren Ford 1:02:09

## MALE AGE GROUP: 16-19

1 Jake Bradley 28:22  
 2 Allen Thurman 29:20  
 3 Tyler Holmes 29:25  
 4 Will Musto 30:12  
 5 Kyle Bengé 31:35  
 6 Douglas Gammenthaler 31:48  
 7 Mark Straussberger 31:54  
 8 Patrick O'Brien 31:56  
 9 Jake Wilson 32:52  
 10 Zach Orrlson 32:58  
 11 Myles Smith 33:53  
 12 Chirs Clemmer 34:34  
 13 Graham Snyder 34:48  
 14 Hunter Morgan 34:53  
 15 David Burt 34:58  
 16 Evan Dalton 35:10  
 17 Steven Thomas 35:52  
 18 Zeth Stone 36:07  
 19 Scott Gammenthaler 36:18  
 20 Daniel Ray Hamby 36:27  
 21 Jordan Gregory 38:58  
 22 Joseph Dorris 38:59  
 23 Ben Johnson 43:09  
 24 Cody Camp 44:46  
 25 Whit Chestnutt 46:06  
 26 Jeff Atherton 46:28  
 27 John Ellis 46:36  
 28 Brian Pauls 47:53  
 29 Skylar Tinney 49:19  
 30 Ryan Gill 54:22  
 31 Will Vetterick 54:22

## FEMALE AGE GROUP: 20-24

1 Aubrey Morris 32:09  
 2 Ally Daniel 35:48  
 3 Katie Cosgrove 36:41  
 4 Laura Hall 36:56  
 5 Paloma Floden 38:15  
 6 Rachel Stevener 39:06  
 7 Marie Loizeaux 40:33  
 8 Jen Leck 40:56  
 9 Laura Davies 42:00  
 10 Melissa Hicks 42:20  
 11 Mary Dempsey 42:38  
 12 Lindsay McCann 43:39  
 13 Lori Hanson 43:53  
 14 Brittany Garrett 44:11  
 15 Amy Vischetti 44:23  
 16 Christy Brown 44:25  
 17 Sara Lewis 44:33  
 18 Amber Regan 44:34  
 19 Kelsey Nichols 44:48  
 20 Amber Gruber 45:23  
 21 Cameron Ryan 46:01  
 22 Emily Waters 46:01  
 23 Catherine Russe 46:13  
 24 Mary Helen Miller 47:28  
 25 Megan Williams 47:36  
 26 Cindy Leach 47:55  
 27 Sarah Warnock 48:13  
 28 Maggie Young 49:07  
 29 Thekla Roland 49:34  
 30 Meredith Gillies 49:44  
 31 Grace Reynolds 49:45  
 32 Abby Wallace 49:54  
 33 Katie Reynolds 50:38  
 34 Rachel Hachet 51:11  
 35 Jackie Waice 51:21  
 36 Angela Bartels 51:26  
 37 Martha Davis 52:08  
 38 Nicole Talley 52:55  
 39 Ashley Reid 53:21

40 Joanne Lancaster 54:46  
 41 Chelsey Duble 54:46  
 42 Michelle Warren 55:25  
 43 Meghan Pauls 58:41  
 44 Jennifer Boddorf 1:00:01  
 45 Molly Ellis 1:03:31  
 46 Molly Ellis 1:03:31  
 47 Libby Warren 1:03:50

## MALE AGE GROUP: 20-24

1 Josh Bradley 27:16  
 2 Zach Buffington 27:31  
 3 Rob Carden 28:05  
 4 Hutch Brock 31:33  
 5 Bo Bengé 33:03  
 6 Joseph Malek 33:29  
 7 David Miller 35:03  
 8 Jared Barton 35:59  
 9 Zane Stone 36:06  
 10 Bo Franklin 36:06  
 11 Phillip Gilman 37:12  
 12 Cole Gentry 37:45  
 13 Caleb Yawn 37:53  
 14 Sam Lewis 37:55  
 15 Zach Varnell 38:01  
 16 Luke Gawthrop 38:19  
 17 Benjamin Daugherty 38:57  
 18 Thomas Sisk 39:49  
 19 Drew Bailey 41:36  
 20 Sean Wadley 41:45  
 21 Michael Semore 41:52  
 22 Ryan Martin 43:09  
 23 Shane Copenhaver 43:28  
 24 Seth Thompson 43:29  
 25 Brandon Jernigan 44:47  
 26 Nick Brady 44:49  
 27 Brad Lackey 45:17  
 28 Brandon Dicorato 45:31  
 29 Crawford Stevener 46:14  
 30 Brandon Stansell 46:28  
 31 Britton Stansell 46:29  
 32 Blake Lemay 46:39  
 33 Nick Daugherty 46:55  
 34 Trey Meyer 47:04  
 35 Matthew Ray 47:36  
 36 Travis Whited 48:31  
 37 John Ferguson 50:20  
 38 Andrew Dillon 50:42  
 39 Rob Hachet 51:11  
 40 Steve Petzel 51:21  
 41 Tommy Sharp 52:29  
 42 William Pate 52:56  
 43 James Gilman 53:32  
 44 Gabe Weaver 1:03:51

## FEMALE AGE GROUP: 25-29

1 Elizabeth Sawyer 34:57  
 2 Jen Noelken 35:14  
 3 Allison Whittle 38:01  
 4 Katie Smith 38:09  
 5 Anne Kemmerer 40:49  
 6 Brianna Burnette 42:51  
 7 Judy No 44:16  
 8 Sarah Miller 44:18  
 9 Amber Brodie 44:20  
 10 Mandy Clements 44:26  
 11 Lauren Hollingsworth 44:36  
 12 Anna Geneke 44:52  
 13 Alice Strickland 44:58  
 14 Lynn Farrow 45:32  
 15 Minda Papson 45:56  
 16 Kristen Harvey 46:48  
 17 Michelle Wear 46:50  
 18 Elizabeth Davis 47:13  
 19 Kim DePriest 47:22  
 20 Brandi Gilstrap 47:24  
 21 Jamie Latham 47:44  
 22 Mary Harless 47:55  
 23 Jade Stone 48:14  
 24 Lindsay Eppihimer 48:19  
 25 Melissa Young 48:29  
 26 Susan Wilson 48:42  
 27 Megan Bales 49:00

28 Beth Cooper 50:12  
 29 Becca Williams 50:38  
 30 Amanda Morgan 50:42  
 31 Kristin Sparks 51:04  
 32 Kristina Welke 51:07  
 33 Sheila Jetton 51:21  
 34 Faith Underwood 51:41  
 35 Amanda Hutchinson 53:08  
 36 Lisa Capers 53:18  
 37 Sally Bacon 53:18  
 38 Amy Branham 53:34  
 39 Wendy Lee 54:18  
 40 Julie Fuller 54:20  
 41 Shaina Davis 55:49  
 42 Jesse Brunjak 55:59  
 43 Angela Causby 56:22  
 44 Holland Horner 56:51  
 45 Jana Manaker 57:50  
 46 Alex Pettitt 58:07  
 47 Natalie Flerl 58:08  
 48 Kelly Bohac 58:09  
 49 Lori Hall 58:15  
 50 Johannah Paiva 1:00:01  
 51 Emily Wheeler 1:01:50

## MALE AGE GROUP: 25-29

1 Joseph Goetz 26:47  
 2 Nick Selbo 27:35  
 3 Bill Brock 30:34  
 4 Adam Dodson 30:36  
 5 John Gamble 32:33  
 6 John Hangstefer 32:37  
 7 Daniel Parson 33:44  
 8 Matt Brown 33:50  
 9 Nathan Smith 34:38  
 10 Ben Palmer 35:34  
 11 Wiese Jeffrey 36:33  
 12 Josh Henderson 37:10  
 13 Joseph Miller 37:11  
 14 James Moncrief 37:13  
 15 Brad Rogers 38:21  
 16 Josh Gruner 38:50  
 17 Hunter Bethea 39:10  
 18 Nolan Wehr 39:33  
 19 Jeffrey Allen 40:16  
 20 Cam Russe 40:21  
 21 Jay Sims 40:32  
 22 Dustin Lynch 41:21  
 23 John Lewis 41:53  
 24 John Hollingsworth 41:59  
 25 Dustin Crane 42:38  
 26 Jason Ledbetter 43:00  
 27 Eric Keller 43:32  
 28 Josh Ledbetter 43:37  
 29 Jason Latham 44:25  
 30 Nathan Daugherty 44:42  
 31 Chris Reynolds 45:58  
 32 Jonathan Strickland 46:04  
 33 Matt Purdom 46:32  
 34 David Barlew 46:59  
 35 Ronnie Roskelly 47:28  
 36 Alan Stimpson 47:38  
 37 Jeremy Little 47:52  
 38 Matthew Lewis 47:59  
 39 Zach Stone 48:13  
 40 Stokes Doster 48:37  
 41 Carter Hancock 49:54  
 42 Kevin Harvey 50:34  
 43 Jeremy Deitch 50:36  
 44 Michael Williams 50:38  
 45 Jonathan Parker 53:34  
 46 Chris Lindhardt 58:09  
 47 Hunter Robins 58:38  
 48 Luke Paiva 1:00:01  
 49 Chad Irwin 1:04:53

## FEMALE AGE GROUP: 30-34

1 Heather Stone 34:26  
 2 Robyn Wilham 37:36  
 3 Marsha Potter 39:36  
 4 Jennifer Hewitt 39:54  
 5 Emily Billheimer 40:58  
 6 Tara Miller 41:39



26	James Arnold	44:11	6	David Gregory	36:41
27	Kim Ray	47:36	7	Miles Anenbaum	37:55
28	Mark Duggan	48:39	8	John Hickey	37:56
29	Steve Smalling	48:42	9	Robert Knies	37:57
30	Rod Schnatz	8:54	10	Jerre Mosley	38:19
31	Eric Voges	49:13	11	Don Pauls	38:35
32	Bill Nation	49:42	12	Robert Rodgers	38:49
33	Doug Heming	50:16	13	Charles Gridley	39:11
34	Jean Vanderuil	50:42	14	Ben Nevis	39:18
35	Mike Vickers	56:19	15	Tommy Davidson	39:22
36	Jim Harper	1:00:43	16	Gregg Sullivan	40:33
37	Robert Wilkinson	1:04:33	17	Quint Mansell	40:55
			18	David Presley	41:59
			19	T.R. Rathbun	41:59
			20	David Keller	42:14
			21	Mark Brooks	42:38
			22	Scott Fisher	43:08
			23	Joe Hannah	43:56
			24	Bob Bengé	44:02
			25	Mike Jennings	44:30
			26	Joe Downs	45:12
			27	Gary Ray	46:10
			28	Ernie Meyer	46:55
			29	Bill Brock	47:38
			30	Claude Hagar III	47:57
			31	Michael Warnock	48:13
			32	Gary Patterson	48:30
			33	Tad Bromfield	48:32
			34	Jim Hart	50:04
			35	Lee Martin	50:26
			36	Terry Higdon	50:28
			37	John Mullins	52:53
			38	Chuck Tindell	54:42
			39	Mitch Bane	55:20
			40	Tommy Grisham	55:40
			41	Jim Brunjak	56:27

**FEMALE AGE GROUP: 50-54**

1	Kim Bane	37:08
2	Paula Cooper	39:46
3	Cindy Pointer	44:13
4	Cheri Straussberger	46:09
5	Colleen Gordon	50:34
6	Colleen Carboni	50:50
7	Ellen Mock	51:48
8	Kay Newton	54:21
9	Karen Carden	54:49
10	Mary Ownbey	55:39
11	Margaret Zylstra	56:02
12	Debbie Gates	1:01:51
13	Laura Brock	1:01:51
14	Martha Reynolds	1:06:31

**MALE AGE GROUP: 50-54**

1	Chad Varga	29:09
2	Steve Bradley	32:39
3	Thomas Reynolds	33:52
4	James Hall	35:04
5	Jeff Straussberger	36:28

**FEMALE AGE GROUP: 55-59**

1	Carolyn Doster	48:3
2	Cynthia Hutchinson	54:37
3	Becky Holden	57:27

**MALE AGE GROUP: 55-59**

1	Ron Du Preeze	34:44
2	Ronald Wilson	36:23
3	Danny Casteel	37:15
4	John Crawley	37:16
5	Tommy Sims	37:27
6	Rick Rogers	38:27
7	Dennis Ford	40:30
8	Butch Cooke	40:51
9	Bill Collier	41:04
10	Dennis Henderson	41:39
11	Thomas Sisemore	42:39
12	Carter Lynch	44:58
13	Pat Hagan	45:15
14	Tim Metcalf	45:16
15	Jeff Hollingsworth	45:24
16	Bill Henderson	45:46
17	John Cosgrove	47:11
18	Dick Miller	47:32
19	Pete Reynolds	48:06
20	Mike Craft	48:15
21	George Skonberg	48:35
22	Jim Hamblen	49:35
23	Lucien Ellington	50:33
24	Bob Peck	50:58
25	Duane Bruno	53:49
26	Steve Rice	54:42
27	D. G. Stone	55:50
28	Patrick Lavin	57:18
29	Royce Snyman	59:03

**FEMALE AGE GROUP: 60 & OVER**

1	Sue Brown	42:30
2	Mack Sparks	43:20
3	Joyce Campbell	56:08
4	Pat Cory	57:18
5	Rosemary Hurayt	57:18
6	Linda Sparks	1:01:55
7	Ann Garner	1:06:40

**MALE AGE GROUP: 60 & OVER**

1	Sergio Bianchini	33:50
2	Rich Phillips	40:00
3	Roy Dye	42:10
4	Walter Sinor	44:05
5	Jesse Roberson	45:08
6	Dave Kemmerer	45:25
7	Larry Cook	47:15
8	Tom Cory	47:43
9	Earl Kelle	52:11
10	Dan Johnson	54:55
11	Earl Marler	55:34
12	John Hilbrandt	56:01
13	Arnold Manaker	57:47
14	Phillip Thomas	1:06:48



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lbrock@tech-projects.com



## 65 Roses 5K

The seventh annual 65 Roses 5K will be held March 28 in Downtown Cleveland at Lee University. This CTC race, along with a 1K Fun Run and 5K walk, are part of the Great Strides weekend of events raising money for cystic fibrosis research. The USATF certified course (TN 06041 DJR) starts and ends at Lee University while meandering through Mainstreet Cleveland and the Cleveland Historic District. This is a Chattanooga Track Club sponsored event with points awarded for ROY standings. The first 500 entrants will receive a Ridoto Wicking T-shirt.

There will be water on the course and lots of fruit, bagels, juices, and drinks at the staging area. And back by popular demand will be snow cones, cotton candy, and jumpy toys for kids.

Early registration is \$20 for the race and \$12 for the Fun Run; registration the day of the race will be \$25 and \$15 for the Fun Run. Awards: Female & Male Overall. Also, 1st, 2nd, and 3rd place male & female runners in each of the following divisions: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-59, 60-64, 65 and over. The race website is <http://www.leeuniversity.edu/cf> and from there you can link to Active.com (race ID: 1680986) or print out an entry form.

Last year, more than 600 walkers, runners, and volunteers raised over \$50,500 locally to fund cystic fibrosis research. Great Strides is the largest national event for the CF Foundation, raising nearly \$37 million in 2008 at over 600 walk sites across the country. Cystic fibrosis is a complex genetic disease which damages and eventually destroys the lungs of patients. About 30,000 children and young adults in the United States have been diagnosed with the disorder.

Lead sponsors for the 2009 Great Strides include Scot Carter Productions, Garden Plaza at Cleveland/Life Care Center of Cleveland, Bank of Cleveland, Ralph Buckner Funeral Home & Crematory, First Tennessee Bank, Ed Jacobs and Associates, Tricon Inc. and Caldwell Paving & Grading. The Cleveland Daily Banner and Mix 104.1 FM are providing media sponsorship.



# Chattanooga Track Club

## Board of Directors Meeting Minutes

December 9, 2008 – Out of the Blue Cafe' on Brainerd Road

### Board members present:

Butch Cooke, Flash Cunningham, John Harrison, Tim Holmes, Sherilyn Johnson, Bill Moran, Amy Mullens, Theresa Samuelian, Charlene Simmons, Walt Sinor, Melodie Thompson, James Williams, Lynda Webber

### Board Members absent:

Edwina Cohen Janice Cornett, Jimmy McGinness, Peter Murphy, Steve Rubenstein, Jim Steffes

### Non-board members

**present:** Bill Brock and Doug Roselle

The meeting was brought to order by James Williams, President, at 6:04 P.M. – Lynda Webber read the CTC Mission.

### I. MINUTES/APPROVAL

Motion made and seconded to approve the minutes from the November meeting.

### II. TREASURER'S REPORT – JAMES WILLIAMS (FOR JIM STEFFES)

- P&L Statement shows that CTC cash position as of 11/30/08 is approximately \$28,000.
- Doug Roselle notes that the Chickamauga Marathon earned just under \$15,000, and that “there are \$3,000 in payables out there.”

- CTC currently has liability insurance through the RRCA, but will defer on equipment insurance until next renewal period (March of 2009), as the RRCA will not prorate this.
- Race Director Fees of \$2,500 should be shown under the Waterfront Triathlon on the P&L (currently appears to be listed under “Race Disbursements”).
- Equipment Director Flash Cunningham is paid a flat fee on a monthly basis, despite the number of events he works – he is satisfied with this.
- Discussion re: race director fees and payment of race directors – James notes that race directors are hard to come by, and he is in favor of doing whatever it takes within reason to recruit or retain them. Charlene notes that more board members will need to be present in order to have a fruitful discussion regarding budget and race director fees.
- Walt states that he has talked with Joey Howe and Joseph Getz, and that they may serve as joint race directors for the Market Street Mile. They have talked about reducing the number of heats for the event and implementing a straighter race route, as this would be preferable for a State mile event
- Sherilyn makes a suggestion that event timers should be paid for their work.

### III. RACE CALENDAR/ RACES COMMITTEE/ UPCOMING RACES – WALT SINOR

- 2009 race calendar was to be discussed at last committee meeting, but this was not done as many of the members had to attend the marathon debriefing meeting. Another Races Committee meeting is scheduled for this week and the points to be discussed will be posted in the next *Jogging Around*.
- Walt is to have another meeting with Joey Howe on December 10<sup>th</sup> regarding the Market Street Mile and whether or not Joey will take on responsibility as race director.
- Walt has been talking with Andy Gill, race director for the Wauhatchie Trail Run on December 15, and this event appears to be well organized and under control.
- Discussion re: CTC equipment – Equipment Director Flash Cunningham needs a new laptop computer for next season, and Charlene states that two should actually be purchased – (1) for backup in the event one breaks, (2) in the event the CTC is hosting a large race where two computers could be networked and used to speed up registration, or (3) in the event the CTC is working two races on the same day. Flash notes that a couple of new timers are needed as well.

- Discussion re: upcoming Chattanooga Half Marathon. Bill Moran is serving as race director, and has lined up six returning charities and two new charities for the event. Sherilyn will coordinate the facilities, Theresa will work with the charities, Janice will help with the graphics, and Charlene will work the chip machine. The Choo-Choo Holiday Inn will be the host hotel. The pavilion will be rented again at the finish line, but the rental fee has doubled and will be \$1,200 – this price includes the cleaning fee. A beer license still needs to be obtained.

### IV. COMMUNICATION CALENDAR/ COMMUNICATION COMMITTEE – JANICE CORNETT

- Janice Cornett was unable to be present today, so a communications committee report will be provided at the next board meeting.

### V. MEMBERSHIP COMMITTEE REPORT – SHERILYN JOHNSON

- The committee will next meet on December 18, 2008 at 5:45 p.m. – Starbucks on Broad Street.
- Discussion re: CTC bumper stickers. CTC's cost for 500 new color bumper stickers with “static cling” capability would be \$875. Cost for ordering 250 would be same, because of the colors. Flash to e-mail Sherilyn with



- additional (and perhaps less expensive) sources for the stickers. Discussion ensues as to whether stickers should be ordered or not. Walt makes a motion to approve ordering of the stickers after Sherilyn has checked all sources for the best possible price, and the motion is seconded by James.
- Discussion re: CTC banquet at the Chattanooga Choo-Choo on 01/10/09. Cost will be \$20 for members and \$25 for non-member guests. Cash bar. A registration page will be incorporated into the CTC website. Tim Holmes will check on the cost of the awards, which – based on past financial records – are expected to go over \$500.
  - Membership applications are still “a work in progress.”

- Discussion initiated by Bill Brock re: obtaining sponsorships for CTC events. Bill proposes that a sales force be established to sell sponsorships to entities having the money to spend on same, in exchange for an advertising return on their investment. Administration of such a sponsorship would be undertaken by another person or persons, or a PR firm. Charlene suggests that Bill’s idea be considered for the Chattanooga Half Marathon, the Chickamauga Marathon, and the Chickamauga Chase, but notes that in taking on such sponsors the CTC will need to give them something in return, and they need to be prepared to do this. Further discussion on this topic after Bill has meeting in January with Joe Johnson to discuss marketing.

## VI. PRESIDENT’S REPORT

- James notes that in the past few years, CTC has given money to UTC. This was budgeted in with the marathon in the past, but now the funds come directly from CTC and not the marathon. Last year the marathon gave at least \$1,000, and in previous \$2,500. James recommends that the CTC continue to give money – suggests \$1,000. Good PR, and sends message CTC supports UTC (as per CTC mission statement). Charlene abstains from voting – conflict of interest. James will do e-mail vote.
- Erlanger Sponsorship – James again asked for \$5,000 – same as in the past. Erlanger donated \$5,000 this past year for the Youth Program.

- Chattanooga Chase and VORP – James states that VORP has inquired about the status of the Chattanooga Chase. James indicated he would like to see the Chase be a CTC race.
- Sports Barn sponsorship status is uncertain at this time.

Meeting adjourned by James Williams at 7:31 p.m.

Respectfully submitted,  
Lynda Webber  
Secretary

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[www.frontrunnerathletics.com](http://www.frontrunnerathletics.com)

**ChristianRunner.org Group Run**  
Saturday 7:30 a.m.  
Chickamauga Battlefield  
(meet at museum parking lot)  
Visit [www.ChristianRunners.org](http://www.ChristianRunners.org)  
and click on Chattanooga

**SPEED WORK**  
**THUR. 6:30 P.M.**  
**FAST BREAK ATHLETICS**  
**FRAZIER & TREMONT ST.**

**BEGINNING AND RECOVERING  
RUNNERS & WALKERS**  
Fast Break Athletics  
corner of Frazier and Tremont streets  
Wednesday, 6 p.m.

Run in the Boonies Trail Run  
Wednesday, 6 p.m.  
Visit [www.runintheboonies.org/forum](http://www.runintheboonies.org/forum)  
and click on "Training Runs"

**Volunteers Needed!**  
Can't run in a race, that's ok -  
volunteer instead.  
We're looking for volunteers  
to help out with upcoming races.  
Get ROY points - in order to qualify  
for an award, you must volunteer  
for at least two

**NEW!**  
Group Runs - New Start Times  
Posted: Tuesday, November 11, 2008  
With the time change and earlier sunset, two  
groups have moved up their start times:  
\* Monday night Fastbreak group will  
now meet at 6 pm  
\* Saturday morning downtown Sports Barn  
group will now meet at 8:00 am

**Group Run**  
**Saturday 6:30 a.m.**  
visit [www.grouprun.com](http://www.grouprun.com)

**Tuesday Night Run**  
5:00 pm at the Greenway Farm  
(off Hamill Rd in Hixson)

Run led by Ryan Crews of Front Runner  
[www.northchick.org/greenway.html](http://www.northchick.org/greenway.html)  
Free Front Runner shirt for running ten  
Tue. night Greenway Farm group runs

Sports Barn (downtown)  
Wednesday, 6:15 p.m.  
1-10 mile routes with  
drinks on course

Sat. - 8:00 a.m.  
Sports Barn (downtown)  
[www.ChattanoogaTrackClub.org](http://www.ChattanoogaTrackClub.org)  
for info on weekly runs

Monday 6:00 p.m. -  
Fast Break Athletics,  
Frazier and Tremont St.  
Contact Flash Cunningham  
(423) 364-5415 or  
[flashcunningham@comcast.net](mailto:flashcunningham@comcast.net)

Please send  
your bulletins to  
[rock@tech-projects.com](mailto:rock@tech-projects.com)




Lookout Mountain Market  
Mon., Wed., Fri. - 5:45 A.M.  
5.2 & 7.9 mile runs, mod. fast  
pace, 8 min. miles  
Contact: Matt McLelland  
[mattmcllland@mindspring.com](mailto:mattmcllland@mindspring.com)



**BULLETIN BOARD**

# Race Calendar

## Legend


-  CTC Event
-  Joe McGinness Runner of the Year (JMROY)
-  JMROY Volunteers Points Only


Please see [www.chattanoogatrackclub.org](http://www.chattanoogatrackclub.org) for a complete list of events past and present, further rules, changes and regulations. Due to the possibility of last minute changes or cancellations, please consult race applications, listed website, or the contact numbers and verify all races before attending.

### FEBRUARY

28 - Scenic City Half Marathon, 5K and  
 Charity Challenge  
Site:Chattanooga, TN  
Info: [www.sceniccityhalfmarathon.com](http://www.sceniccityhalfmarathon.com)

### MARCH

21- Gateway Bank 5K  
 Site:Ringgold, GA  
Info: [www.gwbt.com](http://www.gwbt.com)

28- 65 Roses 5K for Cystic Fibrosis  
 Site:Collegedale, TN  
Info: [www.leeuniversity.edu/cf](http://www.leeuniversity.edu/cf)

### APRIL

18- Chickamauga Chase 15K / 5K  
 Site:Chickamauga, GA  
Info: [www.chickchase.org](http://www.chickchase.org)

25- Belvoir Christian Academy Road Race  
Site:Chattanooga, TN  
Info: [www.chattanoogatrackclub.org](http://www.chattanoogatrackclub.org)

### MAY

2- Bill Gregory Healthcare Classic  
Site:Dalton, GA  
Info: [www.nwgahealthpartners.org](http://www.nwgahealthpartners.org)


9- King of the Mountain  
Site:Chattanooga, TN  
Info: [www.chattanoogatrackclub.org](http://www.chattanoogatrackclub.org)

16- BlueCross Market Street Mile &  
 Mystery History Quest  
Site:Chattanooga, TN

Info: [www.chattanoogatrackclub.org](http://www.chattanoogatrackclub.org)

23- Scenic City Trail Marathon  
& Half Marathon  
Site:Raccoon Mountain, TN  
Info: [www.rockcreek.com/  
trailmarathon/default.asp](http://www.rockcreek.com/trailmarathon/default.asp)

25- Chattanooga Chase 8K

 Site:Chattanooga, TN  
Info: [www.chattanoogatrackclub.org](http://www.chattanoogatrackclub.org)

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